

Pam Newton of Pam Newton Counseling & Consulting to be Featured on Close-Up Talk Radio

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[/EINPresswire.com/](#) -- In the last 10 years, DUIs among women have increased by 30 percent. Indeed, there is a growing epidemic of [alcoholism](#) among women, particularly suburban women. These women can hide their alcoholism a lot longer, which allows them to get a lot sicker. And many of these women are mothers so their shame and guilt keeps them in denial.

Pam Newton, M.S., LCDC is a counselor and founder of Pam Newton Counseling & Consulting, where she specializes primarily in addictive or alcoholic women to support them in their recovery. As a solution-focused counselor, Newton's approach is to provide support and practical feedback to help her clients find solutions to a wide range of life challenges and issues.

"I love these women. They are amazing," says Newton. "Alcoholism presents differently in women than men. Their reasons for drinking are different. Unfortunately, it's really difficult for family members to have compassion, so it's about empowering women and letting them know they're brave enough to do it."

Newton possesses over 30 years of experience as a counselor, educator and director of [addiction](#) treatment and prevention programs. She spent over 14 years working for the Betty Ford Center and is the founding director of the center's Five Star Kids Program, launched in 1998. In that role, Newton had the opportunity to work with hundreds of families impacted by the disease of addiction.

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Pam Newton

Today, Newton draws on her many years of experience working with children and families to help her clients build on their strengths to identify and achieve their goals.

"It's important that they feel that sense of relationship and connection," says Newton. "I think at this point in my life

there's such a benefit for being my age. I present as more motherly, or grandmotherly. I don't have



any problem hugging them or even telling them I love them. It feels good to have one hour with somebody they feel safe with, bound by confidentiality and they don't feel judged by. They can truly see who they really are."

In fact, Newton says a number of women have told her they were actually grateful for their alcoholism, grateful that they had to go down that road to find the joy, serenity, hope and the relationship they now have with their children.

"Therapy and counseling is really about building a relationship," says Newton. "Imagine a bag filled with anger, sadness, loneliness, shame, guilt. When they can finally feel safe with someone, they open up the bag and start taking stuff out."

Close-Up Talk Radio will feature Pam Newton in an interview with Doug Llewelyn on October 27th at 12pm EST.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio>. If you have a question for our guest, call (347) 996-3389.

For more information on Pam Newton Counseling & Consulting, visit <http://www.pamnewtoncounseling.com/>

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