

Tate Publishing announces the 2nd Edition of "Cooking with the Sassy Mama," from author & personality Caryn Ross.

OKC, OK - Tate Publishing announces the forthcoming Second Edition of "Cooking with the Sassy Mama," from author and cooking personality Caryn Ross.

NORMAN, OK, USA, October 23, 2014 /EINPresswire.com/ -- In the soon-to-be-released version of her book, Ross brings the love and happiness she finds in her kitchen to your family's plate. Ross' easy-to-follow recipes are perfect for a busy parent on the go, and they're tasty enough for even the pickiest eater!

With fun appetizers like 'Bigger Than Your Butt Dip,' [Caryn Ross](#) warms her way to your heart and then tantalizes your taste buds with entrees like 'Love in a Pan Macaroni and Cheese.' And don't forget the Kitchen Nuggets, little pieces of advice that will guide you through your cooking adventures!

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We are so proud of Caryn and her work, her television appearances and the opportunity to release a new edition of "Cooking with the Sassy Mama!"

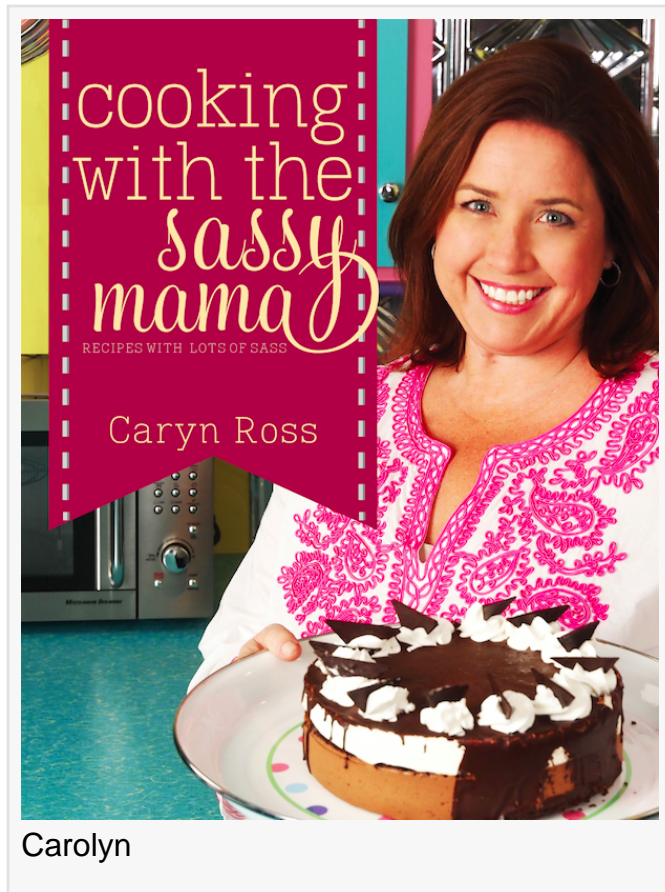
Mark Mingle

"We are so proud of Caryn and her work, her television appearances and the opportunity to release a new edition of "[Cooking with the Sassy Mama](#)," said Mark Mingle, Director of Marketing at [Tate Publishing](#). "Caryn's ability to cook and communicate with sass and flair is an exciting brand, and we are expecting continued growth for her brand with the new book release with Tate Publishing."

Caryn Ross is a winner of Paula Deen and Kraft Foods' Real Women of Philadelphia talent contest. She has been featured in "Everyday with Rachael Ray Magazine" as a celebrity cook and was published in the May 2011, August 2011, and October 2011 issues. She was also featured in "Taste of Home" magazine (August 2011). In her spare time, Ross enjoys living on her boat in Florida with her husband, Jack, and their two children, Jackson and Caytie. Find out more at: <http://sassyrecipeclub.com>.

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