

Local author publishes book that dares you to dream

Local author Shirley O'Brien in association with Tate Publishing, shares with us an insightful book, *Master Dreaming: Seize the Power Within*.

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In *Master Dreaming: Seize the Power Within*, O'Brien shares with us the incredible power of the Conscious mind and how to gain access to it and open up the window to your desires and your future.

"I hope readers will find *Master Dreaming, Seize the Power Within* a useful tool and a trusted companion on their quest to understand their dreams," shares O'Brien.

"*Master Dreaming: Seize the Power Within* will help you access not only the conscious mind but the subconscious, too... [It's] a great tool to have unlimited access to all your heart desires!" shares Raimie McDaniel, Acquisitions Editor for Tate Publishing. Published by Tate Publishing and Enterprises, the book is available through bookstores nationwide, from the publisher at www.tatepublishing.com/bookstore, or by visiting barnesandnoble.com or amazon.com.

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*Raimie McDaniel,
Acquisitions Editor*

Shirley O'Brien grew up in a family farm in Fenton, Michigan. In 1994 she started chronicling her dream experiences after she realized that there weren't any published books that

explained her dreams in detail. Shirley eventually took her researches and chronicles to the next level where she interpreted dreams, lectured groups, and sharing techniques she had learned from years of study on dream journaling. In 2011, Shirley wrote and self-published a book, *This is Where I Get Off, Or Maybe I Could Borrow Your Duct Tape?* That talks about her personal space and Power. Shirley now lives in Linden, Michigan and is working on her next book, *State of Being*.

For more information or interview requests please contact Michelle Whitman, publicist, at (405) 458-5642 or send an email to michelle@keymgc.com.

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