

# Stay Fit Housing Introduces Guests to Healthy Food Brands and Optimal Living

*Stay Fit Housing announces partnerships with NatureBox, Luvo, EFFi Foods, and Plated to enhance the Stay Fit Living experience for traveling professionals.*

SANTA MONICA, CALIFORNIA, U.S.A., December 3, 2014 /EINPresswire.com/ -- Stay Fit Housing LLC, a corporate housing and wellness company, is pleased to announce partnerships with four nutritious food companies to enhance the Stay Fit Living® experience. NatureBox®, Luvo®, EFFi Foods®, and Plated® are providing complimentary foods and special offers for Stay Fit Housing® guests. Traveling professionals also have access to fitness and nutrition expert Jenn Zerling, Stay Fit Housing's Director of Guest Wellness. Zerling, author of "Breaking the Chains of Obesity, 107 Tools" and creator of the JZ Fitness Nutrition app, coaches each guest to optimize living and performance.



Live well wherever the road takes you



Stay Fit Housing Food Partners

Stay Fit Housing guests are welcomed with a deliciously wholesome NatureBox filled with tasty NatureBox snacks. The company is on a mission to raise the bar on snacking. Each month, NatureBox delivers carefully sourced, nutritionist-approved foods right to a NatureBox member's door. All NatureBox products are crafted with the highest quality ingredients and free of high fructose corn syrup, trans fats, artificial colors, artificial flavors, and artificial sweeteners.

Stay Fit Housing residents will experience the combination of great taste, great nutrition, great quality, and great value that makes Luvo the go-to frozen foods brand for busy professionals. The company is pre-stocking three Luvo meals in the freezer of Stay Fit Housing apartments in Los Angeles, New York City, and select cities. Having convenient, delicious, nutritionist-approved entrees in the freezer makes it easy to make smart eating choices while on the road, and guests are encouraged to try other Luvo meals available at more than 6,000 grocery stores nationwide.

EFFi Foods – short for Eco Friendly Foods Initiative® – collaborated with top dietitians and Cleveland Clinic wellness experts to create the healthiest snack bars without sacrificing great taste. EFFi Foods produces organic, holistic foods and nutraceuticals, focusing on delivering snacking options with exceptional taste for people on-the-go. Stay Fit Housing guests will enjoy sampling the three types of EFFi Probiotic CareBar®, which are USDA organic, kosher, raw, gluten-free, vegan, and non-GMO.

Stay Fit Housing residents also receive an exclusive offer on EFFi Foods' products, and a portion of the proceeds goes towards the company's philanthropic initiatives with its stances on human rights, the environment, education, and nutrition.

Stay Fit Housing and Plated are teaming up to provide homemade meals without the hassle. Plated delivers premium, ready-to-cook meals to a subscriber's door each week, and the company is offering a special rate on a fresh, chef-designed dinner kit. From fresh produce and premium cuts of protein to step-by-step recipe cards, Plated is helping Stay Fit Housing residents create quick, healthy, and delicious meals without the stress.

In addition to healthy, nutritious foods, each Stay Fit Housing guest is welcomed with a wellness package featuring 10 complimentary fitness classes to a nearby boutique studio, a premium yoga mat, and unique mind-body services to promote Stay Fit Living @ Stay Fit Housing. For more information, please visit [StayFitHousing.com](http://StayFitHousing.com) or email [Happy@StayFitHousing.com](mailto:Happy@StayFitHousing.com).

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