

Esther Lamnyam of Imitate Nature to be Featured on Close-Up Talk Radio

BOWIE, MARYLAND, USA, December 15, 2014 /EINPresswire.com/ -- Just as we might use natural products to improve our physical health we should use natural principles to help us confront our emotional challenges as well.

Esther Lamnyam is the founder of Imitate Nature, a coaching practice focused on promoting [wellness](#) to help individuals create fulfillment in their lives. Imitate Nature is unique in that Esther teaches clients to tap into “the [laws of nature](#),” the tools that exist around them and within them, to help achieve their goals.

“There are rhythms and cycles to life,” explains Esther. “There’s a time to plant and there’s a time to harvest. When people realize this, they can tap into these cycles for their relationships, their business and their health.”

In 1990, Esther had been prescribed antibiotics for a recurring skin problem but says she refused to take them. She wanted to determine why she was

having this issue. By 1992, she had begun her lifelong journey of healing.

“There are so many modalities out there and there is so much conflicting information,” recalls Esther. “That’s why I started using nature as my guide. I realized if you follow these principles, they work across the board, whether it’s your health, your relationships or your business. The beauty of having these tools is you can always come back to them. They’re constant.”

“

If you follow these principles, they work across the board, whether it’s your health, your relationships or your business.

Esther Lamnyam

“Some people don’t need a lot of help; they just need to put the pieces together,” adds Esther. “They have everything they need within them to achieve their goals.”

Originally from Cameroon, today, Esther’s story has come full circle. She’s currently part of a new effort to mentor in African villages in life success strategies.

“I’m most proud of the children I’ve been able to help,” says Esther. “Joy and happiness is our fuel, our energy. I encourage them to pass this message on. That makes me want to keep trying.”



Close-Up Talk Radio will feature Esther Lamnyam in an interview with Doug Llewelyn on December 17th at 12pm EST.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio>. If you have a question for our guest, call (347) 996-3389.

For more information on Imitate Nature, visit <http://www.estherlamnyam.com>

Lou Ceparano
Close-Up TV News
(631) 421-8500
email us here

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases.

© 1995-2015 IPD Group, Inc. All Right Reserved.