

Hockey Star David Phillips Signs Another Year At Protein Lifestyle

David Phillips, one of the stars of Belfast Giants ice hockey team, has signed a new deal with Protein Lifestyle for his sports nutrition products.

COLCHESTER, ESSEX, UK, January 12, 2015 /EINPresswire.com/ -- David Phillips who also plays in defence for the Great Britain ice hockey team is no stranger to success with a string of ice hockey trophies to his name. With a career that started when he was playing hockey at under sixteen level he now has several years of success which has seen him win EIHL titles including the Elite League Champions in last year's EIHL competition.

The Belfast Giants are also riding high in 2015 and looking menacing in position 2 with David Phillips in the thick of the action week in week out.

Sports nutrition is part of the modern game in ice hockey, one of the biggest growth areas in this sector is the emergence of sports scientists and nutrition. With diet and nutrition such an important part of training and conditioning for all professional sportsmen and sports women David take it very seriously.

[Protein Lifestyle](#) now into their second year of sponsorship for David and the carefully controlled nutrition program is driving David on to success. High quality whey protein and recovery supplements allow David to train harder and the energy provided fuels his performances week in and out.

Playing at the top of his game with his continued inclusion in the GB international hockey team (which now spans an incredible 10 years), David Phillips will continue to gather trophies in what will be a very successful career.

Protein Lifestyle are relatively new to the sports nutrition industry, specialising in high quality with very pure ingredients. The firm operates out of Colchester, Essex in the UK and have a range of sponsored sports athletes on their books.

Managing Director Shaun Parker had this to say, "David is a dedicated professional sportsman who is very serious about fitness, he is a great guy and we are thrilled he will be using our products in his drive to success."

David Phillips is also a regular contributor to the [Protein Lifestyle blog](#) where he writes about his life as a hockey player as well as his fitness and training techniques.

James Parker
Protein Lifestyle
01206 715566
[email us here](#)

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