

Nspc's Dr. Alan Ettinger Named To Super Doctors List

No More Than 5% of New York's Physicians Achieve This Designation

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/EINPresswire.com/ -- Internationally known neurologist [Alan B. Ettinger, M.D., M.B.A.](#), Director of the [Epilepsy Center](#) at Neurological Surgery, P.C. (NSPC) and Professor of Clinical Neurology, Albert Einstein College of Medicine, has been named to the 2015 Super Doctors® list published by MSP Communications. No more than 5% of physicians in the New York metro region have achieved this designation. Dr. Ettinger is a resident of Huntington, NY.

“Our NSPC Epilepsy Center is among the nation’s best at providing evidence-based surgical and medical treatment, so it is fitting that Dr. Ettinger has been given this elite honor,” said NSPC senior partner Michael H. Brisman, M.D., F.A.C.S. “We congratulate him on being named to this highly selective list, which is based largely on peer recognition and professional achievement.”

Dr. Ettinger is known for his landmark research on the quality of life of persons grappling with epilepsy, including recent studies on epilepsy and depression and epilepsy and ADHD. He has directed numerous national and regional epilepsy symposia, has published widely in peer-review journals on depression in epilepsy and psychogenic non-epileptic seizures, and has edited several journal supplements and textbooks. Books he has written or edited include *Psychiatric Issues in Epilepsy*, [Managing Epilepsy](#) and *Co-Existing Disorders*, *The Essential Patient Handbook* (a guide for patients to better advocate for their needs), and *Neurologic Differential Diagnosis: A Case-based Approach*, published in 2014.

Dr. Ettinger is on the editorial board of several epilepsy journals, has served on national committees of the American Academy of Neurology, American Epilepsy Society and the national Epilepsy Foundation, as well as the International League Against Epilepsy, and has been the



moderator of psychiatric interest group sessions at annual American Epilepsy Society meetings. Dr. Ettinger is president of the Long Island Epilepsy Foundation Professional Advisory Board and is a past member of the national Professional Advisory Board and Executive Board of Directors of the Epilepsy Foundation of America. He was the recipient of the Epilepsy Foundation of Long Island's 2004 Professional Achievement Award, co-recipient of the March of Dimes Long Island Chapter's humanitarian award in 2004, and was the Physician Honoree at the Leslie Munzer Neurological Institute's 2011 gala. Dr. Ettinger has been inducted into the Beta Gamma Sigma Society, the honor society for achievement in Master of Business Administration studies. His name appears regularly on numerous "best doctors" and "top doctors" lists.

In addition to his appointments at NSPC and Einstein College of Medicine, Dr. Ettinger serves as Director of the Epilepsy Wellness Program, Winthrop-University Hospital, and as Director of EEG and Epilepsy, NSLIJ-Huntington Hospital.

According to MSP Communications, in selecting physicians for Super Doctors, the publishers employ a rigorous multi-step process designed to identify physicians who have attained a high degree of peer recognition and professional achievement. Super Doctors invites physicians to nominate colleagues whom they know to be exceptional in their specified field. Physicians are asked to consider the following question: "If you needed medical care in one of the following specialties, which doctor would you choose?" Numerous safeguards are in place to prevent ballot manipulation. Physicians may not self-nominate.

The group's staff also searches medical databases, online sources, and publications for physicians who have attained certain credentials, honors or professional achievements. This process includes physicians in less visible or highly specialized medical treatment areas. Candidates are evaluated on 10 criteria of peer recognition and professional achievement. Nominees are then grouped into specialties, and their nominations scored by a blue-ribbon panel of physicians from their respective specialties. The last step is to total the points received from nominations, research, and blue-ribbon panel review. Only the highest-scoring doctors are included on the Super Doctors list. The list consists of approximately 5% of physicians within the respective region.

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