

# Report: Many Autoimmune Diseases are Linked to EBV; CBCD Recommends Two Natural EBV Remedies

*EBV is linked to autoimmune diseases including Hashimoto's thyroiditis, Graves' disease, and multiple sclerosis. (1)*

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“Infected with the Epstein Barr Virus (EBV)? The Center for the Biology of Chronic Disease (CBCD) recommends taking [Novirin](#) or [Gene-Eden-VIR](#).” – Greg Bennett, CBCD

Many studies found a link between the Epstein Barr Virus (EBV) and autoimmune diseases. An autoimmune disease is a disease in which the body produces antibodies that attack its own tissues, leading to the deterioration and in some cases the destruction of the tissue. Dr. Nikolas Hedberg wrote that “a lot of people forget that Epstein-Barr virus is a herpes virus. It's in that family. It's a gamma virus and it's very different from the other herpes virus in that it's the only one to infect B cells ... it is transmitted by saliva, and the first place that it infects is the B cells in the tonsils. That's where it germinates and that's where it really sets up shop... (And there are definite)... connections between Epstein-Barr virus and autoimmune diseases.” (1) Dr. Hedberg is a practitioner of “functional medicine.” An example of a study that backs Dr. Hedberg's claims says that “Epstein-Barr virus (EBV) has been suspected of involvement in the pathogenesis of various chronic autoimmune diseases...

including multiple sclerosis, rheumatoid arthritis, systemic lupus erythematosus, ulcerative colitis, Crohn's disease, psoriasis, type 1 diabetes mellitus, Graves' disease, (and) Hashimoto's thyroiditis.” (See the journal Autoimmune Diseases, from 2012) (2)



point in their lives.” (See the CDC, last reviewed on January 26, 2014) (3) The Center for the Biology of Chronic Disease (CBCD) recommends that in light of the medical evidence, infected individuals take Novirin or Gene-Eden-VIR. The formula of these natural, antiviral supplements was designed to help the immune system target the latent EBV.

Click to learn more about [EBV symptoms](#).

The formula of Novirin and Gene-Eden-VIR was tested by Hanan Polansky and Edan Itzkovitz from the CBCD in two clinical studies that followed FDA guidelines. The studies showed that the Novirin and Gene-Eden-VIR formula is effective against the herpes family of viruses. The Epstein Barr Virus (EBV) is a member of the herpes family. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, “individuals infected with the EBV ... reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR.” (4) The study authors also wrote that, “We observed a statistically significant decrease in the severity, duration, and frequency of symptoms.” (4)

Both products can be ordered online on the Novirin and Gene-Eden-VIR websites.

Novirin and Gene-Eden-VIR are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses. To date, Novirin and Gene-Eden-VIR are the only natural antiviral products on the market with published clinical studies that support their claims.

Despite a clear link between the latent EBV and autoimmune diseases, scientists are still unsure how the virus leads to autoimmune conditions. As Medscape notes: “epidemiological findings show a strong correlation between EBV infection and the risk of developing these diseases ... (but) ... it is still not clear ... how EBV triggers autoimmunity.” (See Medscape, from a paper published in Future Virology in 2013) (5)

As noted above by the CDC, almost everyone becomes infected with the Epstein Barr Virus at some point in their lives. When this happens, after an initial active phase, the virus then enters a latent (slightly dormant) phase where it lives deep in the nerves for the life of the individual.

The CDC notes that “EBV spreads most commonly through bodily fluids, especially saliva. However, EBV can also spread through blood and semen during sexual contact, blood transfusions, and organ transplantations.” (3) Study authors explain further. “Primary infection in humans is believed to be initiated by the virus crossing the epithelium of the oropharynx (upper throat), infecting the naive B cells... Through a series of viral latency transcription programmes, the EBV-infected B cells are eventually driven into resting memory B cells and life-long infection is established.” (1)

Some doctors wrongly believe that latent viruses are inactive, that is, the viruses show no transcription (production of proteins) and no shedding. According to these doctors, since the virus is inactive, it is harmless. However, the evidence is building that latent viruses are active, although on a reduced scale, and are still dangerous.

Additionally, the CBCD points out that the results of these studies are consistent with the research conducted by the CBCD on Microcompetition and the origin of chronic autoimmune diseases.

“Based on the results of these studies, and the CBCD’s own research, we recommend that EBV infected individuals take Novirin or Gene-Eden-VIR.” - Greg Bennett, CBCD

Click to learn more about Microcompetition, Novirin and EBV, and Gene-Eden-VIR and EBV.

References:

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(3) CDC.com - About Epstein-Barr Virus (EBV). Last updated January 6, 2014.

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(5) Medscape.com - Costanza Casiraghi, Marc S Horwitz "Epstein-Barr Virus and Autoimmunity" Future Virology. 2013;8(2):173-182.

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