

Jersey Kung Fu, Qigong & Tai Chi School One of the Few Places in the World Still Teaching Classical Arts

Dr. Eisen has researched, taught & written about Kung Fu, Tai Chi and Qigong for over 50 yrs..

LAKEWOOD, NEW JERSEY, USA, February 7, 2015 /EINPresswire.com/ -- Lakewood, NJ, February 06, 2015 --Millions of people practice or are interested in <u>Tai Chi</u>, <u>Qigong</u>, an ancient Chinese meditative art for health, and <u>Kung Fu</u>. These arts appear in ads and movies. Learn about the classical forms and their true nature and not the shortened, made up forms presented to the public for amusement and profit.

Besides the physical exercise the Chinese philosophy and medical theory behind these arts are taught. Western medical science backing any claims is also presented.

Dr. Oz, a heart surgeon and star of the TV show the Dr. Oz Show, stated that if you want to be healthy and live to be 100, practice Qigong. There are scientific studies to back up his statement

Dr. Eisen has been researching, writing and teaching these subjects for over 60 years. Recently, he moved to Lakewood, NJ. This is a once in a lifetime opportunity to learn more about these art





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