

# Jean Hobgood of Hypno-Tapping For Success to be Featured on CUTV News Radio

*Create Powerful Mental Apps for Change*

PEACHTREE CORNERS, GEORGIA, USA, February 17, 2015 /EINPresswire.com/ -- To improve our life requires that we be able to embrace change, but all too often our mind is resistant to change. If we can release the underlying beliefs that trigger our emotions, we will achieve peace, a new clarity of mind, and the ability to make better decisions for ourselves.

Jean Hobgood is a hypnotist, EFT practitioner and the founder of Hypno-Tapping For Success, where she works locally, or via Skype video, with both adults and children to change limiting beliefs into beliefs that enhance their lives.

"I have had a lifelong interest in the power of [hypnosis](#) to enable positive change," says Jean. "I know from personal experience that it actually does work."



According to Jean, our emotions and perceptions about experiences lead to our beliefs, both positive and negative. Many of these underlying beliefs are stored in the subconscious, rather than our conscious or thinking mind. When negative emotions are triggered, stress hormones are released throughout our body, preventing us from making rational decisions.

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With hypno-tapping we can override our mind's resistance to change.”

*Jean Hobgood*

Jean uses a combination of hypnosis and emotional freedom technique, otherwise known as EFT or tapping to address these underlying beliefs and remove their association with our emotions. The combination of hypnosis and EFT tapping allows us to access the programs in our subconscious mind

and essentially "rewire" the brain.

"Both of those processes engage the subconscious mind, which is where change can take place," says Jean. "Ultimately, it's about getting to a point where you can deeply and completely accept yourself."

A retired special education teacher, Jean uses skills developed with children and their parents to help current clients achieve goals. She brings patience, acceptance of others, and intuition to guide her clients, and offers a no cost 20-30 minute phone or Skype consultation to determine if she and a potential client are a fit to work together to achieve their goals.

“So many people feel they don’t have the right to accept themselves until they’re perfect,” says Jean: “I have a passion for seeing people get out of their own way so they can grow and change. With hypno-tapping we can override our mind’s resistance to change.”

CUTV News Radio will feature Jean Hobgood in an interview with Jim Masters on February 19th at 2pm EST.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio>. If you have a question for our guest, call (347) 996-3389.

To learn more about how hypnosis and tapping can help transform your life, visit <http://www.hypno-tapping.com>.

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