

Study: Lupus is Linked to EBV Infection, a Serious Autoimmune Disease; The CBCD Examines the Medical Evidence

Antibodies against the Epstein Barr Virus were significantly higher in Lupus patients according to a report. (1)

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Based on the results of these studies, and the CBCD's own research, we recommend that EBV infected individuals take Novirin.

Greg Bennett, CBCD

“Infected with the Epstein Barr Virus (EBV)? The Center for the Biology of Chronic Disease (CBCD), which tested the formula of [Novirin](#) in two post-marketing clinical studies, recommends taking this natural antiviral supplement.” – Greg Bennett, CBCD

A new study shows yet another link between the Epstein Barr Virus (EBV) and lupus, which is an autoimmune disease

where the body attacks its own tissues. In the new study, scientists investigated the antibody levels against Epstein Barr Virus (EBV) in lupus patients. They found that “IgM, IgG, and IgA levels against EBV ... were significantly higher in SLE patients.” (1) In other words, blood tests confirmed that the immune system of lupus patients was already engaged in fighting the virus. This research is simply the latest in a long line of studies that have shown a link between the EBV and autoimmune disorders. As the Johns Hopkins Lupus Center notes, “certain environmental factors have been linked to the development of lupus ... infectious disease agents such as the Epstein Barr Virus (EBV, which causes mononucleosis or “mono”), herpes zoster virus (the virus that causes shingles), and cytomegalovirus have also been implicated.” (See hopkinslupus.org) (2)

The CDC notes that “Epstein Barr Virus (EBV), also known as human herpesvirus 4, is a member of the herpes virus family. It is one of the most common human viruses. EBV is found all over the world. Most people get infected with EBV at some point in their lives.” (See the CDC, last reviewed on January 26, 2014) (3) The Center for the Biology of Chronic Disease (CBCD) recommends that in light of the medical evidence, infected individuals take Novirin. The formula of this natural, antiviral supplement was designed to help the immune system target the latent EBV.

Click to learn more about [EBV symptoms](#).

The formula of Novirin was tested by Hanan Polansky and Edan Itzkovitz from the CBCD in two clinical studies that followed FDA guidelines. The studies showed that the Novirin formula is effective against the herpes family of viruses. The Epstein Barr Virus (EBV) is a member of the herpes family. The clinical studies were published in the peer reviewed, medical journal *Pharmacology & Pharmacy*, the first, in a special edition on *Advances in Antiviral Drugs*. Study authors wrote that, “individuals infected with the EBV ... reported a safe decrease in their symptoms following treatment with (the formula of Novirin).” (4) The study authors also wrote that, “We observed a statistically significant

decrease in the severity, duration, and frequency of symptoms.” (4)

Novirin can be ordered online on the product website.

Novirin is a natural antiviral dietary supplement. Its formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses. To date, Novirin is the only natural antiviral products on the market with published clinical studies that support its claims.

Dr. Nikolas Hedberg wrote that “a lot of people forget that Epstein Barr Virus is a herpes virus. It’s in that family. It’s a gamma virus and it’s very different from the other herpes virus in that it’s the only one to infect B cells ... it is transmitted by saliva, and the first place that it infects is the B cells in the tonsils. That’s where it germinates and that’s where it really sets up shop... (And there are definite)... connections between Epstein Barr Virus and autoimmune diseases.” (See DrHedberg.com from January 16, 2015) (5)

Dr. Hedberg is a practitioner of “functional medicine.” An example of a study that backs Dr. Hedberg’s claims says that “Epstein Barr Virus (EBV) has been suspected of involvement in the pathogenesis of various chronic autoimmune diseases... including ... systemic lupus erythematosus.” (See the journal Autoimmune Diseases, from 2012) (6)

Is there any treatment for lupus?

“Since lupus manifests in different ways in different people, treatment regimens differ from patient to patient. In addition, one patient may experience several different treatment regimens during her/his lifetime.” (2)

What treatments are available for EBV infections?

“A few antiviral drugs are available that were shown to inhibit EBV replication in cell culture. These drugs include the acyclic nucleoside analogues aciclovir, ganciclovir, penciclovir, and their respective prodrugs valaciclovir, valganciclovir and famciclovir, the acyclic nucleotide analogues cidofovir and adefovir, and the pyrophosphate analogue foscarnet. However, clinical studies have shown that these drugs are mostly ineffective in humans.” (4) There are also natural antiviral products that studies show to be safe and effective in reducing EBV symptoms. Two of these products are Novirin and Gene-Eden-VIR.

“Based on the results of these studies, and the CBCD’s own research, we recommend that EBV infected individuals take Novirin.” - Greg Bennett, CBCD

Click to learn more about Novirin and EBV.

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