

Kofi Williams of 19Degrees2Change Personal Development to be Featured on CUTV News Radio

OKLAHOMA CITY, OKLAHOMA, USA, March 4, 2015 /EINPresswire.com/ -- So often we don't live our truth because we've been told by others what we're capable of. But you can create whatever existence you desire.

Kofi Williams is the founder of 19Degrees2Change [Personal Development](#), where she specializes in teaching high potential, professional women the same [self-discovery](#) process that transformed her stagnant life to one with vision and purpose. Kofi has a passion for helping women wake up to their greater potential, discover who they are at their core and give themselves permission to live out their soul affirming desires. Kofi has an innate ability to inspire, motivate and transform the lives of women.

Creating desires and success is about consciously being awake to life.



“I’ve discovered who I am at my core, no longer constrained by past conditioning, traumas and painful memories, says Kofi. “With that knowledge comes the freedom of knowing that a greater life experience is within my power to create. Now I help empower women to redirect their lives and become a deliberate creator of their life experience and potential.”

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Kofi says she named her business 19Degrees2Change after a turning point in her life.

“It was a cold, blistery 19-degree morning when I found myself abandoned by my new husband in a new city with no friends, no family and not even a vehicle,” recalls Kofi. “I thought, ‘How

did I find myself in this position at this stage of my life?’ Realizing that the common denominator in my life was me, I vowed that day to break the cycle of repetitive behavior and thinking that had limited

my life experience up to that point and never allow myself to be placed in that position again.”

Through a great deal of personal development, coaching and training, as well as her own life experiences, Kofi learned the transformative methods to develop her successful Wake Up & Live process. The Wake Up & Live process gets to the core of what prevents her clients from living and experiencing the highest, richest expression of themselves.

“The people who seek my services come to me knowing that there is more to them and more to their existence,” says Kofi. “They are ready to bridge the gap between their potential and their current life results, but they either don’t know what they want; know what they want but don’t know how to achieve it; or they get started and can never quite follow through. I provide them with the expanded awareness to break through those barriers once and for all to create sustainable life change.”

When we’re confined by limiting core beliefs and don’t expand outside of our circle of influence, there’s nothing to help us break the repetitive cycle and see ourselves as we truly are. When we can get clarity around what we want and why it is important to our core, we can then begin to engage in new ways of thinking, feeling and being and create a new, supportive lifestyle that is optimistic, low in stress, open to abundant possibilities and unlimited potential.

“This life altering work that I do comes from the depths of my being because I’m a product of this work,” says Kofi. “I don’t just want a full life experience for myself but for others as well. It is my life purpose.”

CUTV News Radio will feature Kofi Williams in an interview with Doug Llewelyn on March 5th at 11am EST.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio>. If you have a question for our guest, call (347) 996-3389.

For more information on 19Degrees2Change Personal Development, visit <http://www.19d2c.com>.

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