

Shingles and Stroke: Crucial Information the Doctor Forgot to Mention; the CBCD Reviews a New Study

The virus that causes shingles can attack arteries in the brain, which results in a potentially fatal stroke. (1)

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"Infected with the varicella zoster virus (VZV), which causes shingles? The Center for the Biology of Chronic Disease (CBCD), which tested the formula of <u>Novirin</u> in two post-marketing clinical studies, recommends taking this natural antiviral supplement against the latent virus." – Greg Bennett, CBCD

The varicella zoster virus (VZV) is a herpes virus, which causes both chickenpox and shingles. In a new study, Dr. Nagel and colleagues wrote that "Multiple case reports showed a link between stroke and zoster, and recent studies have emerged which reveal that VZV infection of the cerebral arteries directly causes pathological vascular remodeling and stroke (VZV vasculopathy)." (1) In other words, the shingles virus directly attacks the arteries in the brain, which can result in a dangerous stroke. Importantly, Dr. Nagel also wrote that "in the past few years, several large epidemiological studies in Taiwan, Denmark, and the U.K. demonstrated that zoster



is a risk factor for stroke and that antiviral therapy may reduce this risk." (1)

Taking an antiviral product against the shingles virus may be vitally important, since another study showed that "Adults with zoster have a 30% increased risk of stroke within the following year.



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Although the exact incidence of stroke caused by VZV is unknown, more than 900,000 people in the United States will develop zoster annually; thus, the magnitude of stroke caused by VZV is considerable." (See The Journal of Immunology, from 2012) (2)

"We believe in a comprehensive, positive blend of natural and Western medicines. That's why we recommend Novirin to

every individual who has ever had Chickenpox. This natural, antiviral product has a formula that was designed to help reduce the number of <u>latent VZV</u> in infected individuals." Greg Bennett, CBCD

Click to learn more about the latent VZV.

The Center for the Biology of Chronic Disease (CBCD) recommends that VZV infected individuals take Novirin. This natural antiviral supplement has a formula that was designed to help the immune system target the latent form of the Varicella Zoster Virus. The formula was also shown to be effective against herpes viruses in two separate post-marketing clinical studies that followed FDA guidelines.

The formula of Novirin was tested by Hanan Polansky and Edan Itzkovitz from the CBCD. The studies showed that the Novirin formula is effective against the herpes family of viruses. Varicella Zoster is a member of the herpes family. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with (herpes viruses) ... reported a safe decrease in their symptoms following treatment with (the Novirin formula)." (3) The study authors also wrote that, "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (3)

Novirin can be ordered through the product website here: http://www.novirin.com.

Novirin is a natural antiviral dietary supplement. Its formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses.

To date, Novirin is the only natural antiviral product on the market with published clinical studies that support the product's claims.

The CDC notes that the varicella zoster virus (VZV), which is a herpes virus, causes both chickenpox and shingles. "After a person recovers from chickenpox, the virus stays dormant (inactive) in the body. For reasons that are not fully known, the virus can reactivate years later, causing shingles." (4) Additionally, the CDC adds that "almost 1 out of every 3 people in the United States will develop shingles, also known as zoster or herpes zoster, in their lifetime. There are an estimated 1 million cases of shingles each year in this country. Anyone who has recovered from chickenpox may develop shingles; even children can get shingles. However the risk of shingles increases as you get older. About half of all cases occur in men and women 60 years old or older." (See the CDC, last reviewed on May 1, 2014) (4)

Are there other treatments currently on the market, which target the Varicella Zoster Virus (VZV)?

Yes there are.

Zostavax is a vaccine that may reduce the risk of developing a shingles outbreak, and decrease the long-term pain from post-herpetic neuralgia (PHN). In adults vaccinated at age 60 years or older, however, protection from the vaccine decreases within the first 5 years after vaccination. (4)

There are also antiviral drugs, such as Zovirax or Valtrex. However, these medications, when effective, only work to shorten the time of the shingles outbreak. They are ineffective against the latent VZV virus. (4)

Novirin is a natural remedy designed to help the immune system target latent herpes viruses, including the VZV. (3)

Interested individuals can view the studies published on the antiviral formula of Novirin here:<u>http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101#.VNc8leaUf90</u> and <u>http://www.scirp.org/journal/PaperInformation.aspx?PaperID=44234</u>

Click to learn more about Novirin and shingles.

All orders of Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

(1) Nagel MA1, Gilden D. "The relationship between herpes zoster and stroke." Curr Neurol Neurosci Rep. 2015 Apr;15(4):534 http://www.ncbi.nlm.nih.gov/pubmed/25712420

(2) Stephanie James,1Alexander Choe,1Igor Traktinskiy,1Maria Nagel,1 and Donald Gilden "Varicella zoster virus can reactivate and infect cerebral adventital fibroblasts, suppressing Jak/STAT and causing stroke." The Journal of Immunology, 2012, 188, 168.35 http://www.jimmunol.org/cgi/content/meeting_abstract/188/1_MeetingAbstracts/168.35

(3) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013. <u>http://www.scirp.org/journal/PaperInformation.aspx?PaperID=3610</u>

(4) CDC.gov - "Shingles (Herpes Zoster)" - Prevention & Treatment. Last Reviewed on May 1, 2014. <u>http://www.cdc.gov/shingles/about/prevention-treatment.html</u>

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