

Like Chocolate? Good. It Boosts the Immune System; The CBCD Reviews a Report

Dark chocolate is one of the most powerful antioxidants in the world.(1)

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“Infected with a latent virus such as herpes, HPV, EBV, CMV, or HCV? The CBCD, which conducted two separate post-marketing clinical studies on the natural, antiviral formula of [Novirin](#), recommends taking this remedy against these latent viruses.” - Greg Bennett, CBCD

“Not all chocolate is created equal.” (1) Dark chocolate boosts the immune system and has flavonols (plant compounds) that improve blood vessel function. This function “improves blood flow to the brain and in doing so improves cognitive function and memory.” (1) Additionally, Dr. Francisco and colleagues wrote in a study that “cocoa influences the immune system, in particular the inflammatory innate response and the systemic and intestinal adaptive immune response ... in general, flavonoids are associated with anti-inflammatory properties. In this regard, the flavanols contained in cocoa have been the subject of both in vitro and in vivo studies. Many studies have reported cocoa’s ability to reduce cytokines,

chemokines, ROS, NO, etc. involved in inflammatory response.” (See *Frontiers in Pharmacology*, from 2013) (2) Dr. Francisco is from the University of Barcelona, in Spain. Dark chocolate is particularly effective against the common cold, and “cacao seeds should be considered a ‘super fruit,’ and products derived from cacao seed extracts, such as natural cocoa powder and dark chocolate, as ‘super foods.’” (See *MedicalDaily.com*, from August 8, 2013) (3)



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While dark chocolate may work against active cold viruses, it is important to note that some common cold viruses, such as adenoviruses, can establish latent infections. (See the *Journal of Virology*, from December 2008) (4)

“We believe in a comprehensive, positive blend of natural and Western medicines. It’s clear that dark chocolate has many health benefits, including immune system boosting properties. As research suggests, it can help target active cold viruses, and that’s important. We also recommend taking Novirin against viruses in the latent form.” - Greg Bennett, CBCD

Click to learn more about [Novirin and latent viruses](#).

The formula of Novirin was tested by Hanan Polansky and Edan Itzkovitz from the CBCD in two clinical studies that followed FDA guidelines. The studies showed that the Novirin formula is effective against a broad range of latent viruses. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with (a latent virus) ... reported a safe decrease in their symptoms following treatment..." (5) The study authors also wrote that, "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (5)

Novirin can be ordered online through the product website, here: <http://www.novirin.com>

Novirin is a natural antiviral dietary supplement. Its formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses.

To date, Novirin is the only natural antiviral product on the market with published clinical studies that support its claims.

It is important to remember when choosing chocolate that, "unlike dark chocolate, milk chocolate contains less of the original cocoa bean used to make the sweet treat as it often been diluted with milk solids, sugar and cream ... a rule of thumb for chocolate is the more cocoa content it has, the more flavonoids it contains and the healthier it is for you to consume. When choosing a dark chocolate bar, be sure it indicates at least 65 percent cacao to optimize its health benefits." (3)

The CBCD believes choosing a safe and effective, natural antiviral product against latent cold (adenoviruses) is important. "We recommend eating bite sized portions of dark chocolate and taking Novirin. On the one hand, you're helping to boost the immune system against active cold viruses, and on the other, you're helping your immune system to target the cold virus in its latent form." - Greg Bennett, CBCD

Individuals interested in learning more about the antiviral effect of the Novirin formula may read the published studies at the following links:

Click to read: Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study

Click to read: Gene-Eden-VIR Decreased Physical and Mental Fatigue in a Post Marketing Clinical Study That Followed FDA Guidelines; Results Support Microcompetition Theory

Click to learn more about Novirin and latent viruses.

All orders of Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

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(2) Francisco J. Pérez-Cano, Malen Massot-Cladera, Àngels Franch, Cristina Castellote, and Margarida Castell. "The effects of cocoa on the immune system." Front Pharmacol. 2013; 4: 71. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3671179/>

(3) Borreli, L. "Benefits of Chocolate: The Common Cold And 4 Illnesses That Can Be Treated By Chocolate Consumption." Published August 8, 2013. <http://www.medicaldaily.com/benefits-chocolate-common-cold-and-4-illnesses-can-be-treated-chocolate-consumption-249869>

(4) C. T. Garnett, G. Talekar, J. A. Mahr, W. Huang, Y. Zhang, D. A. Ornelles and L. R. Gooding "Latent Species C Adenoviruses in Human Tonsil Tissues." Published December 18, 2008. Journal of Virology. <http://jvi.asm.org/content/83/6/2417.abstract>

(5) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013. <http://www.scirp.org/journal/PaperInformation.aspx?PaperID=3610>

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