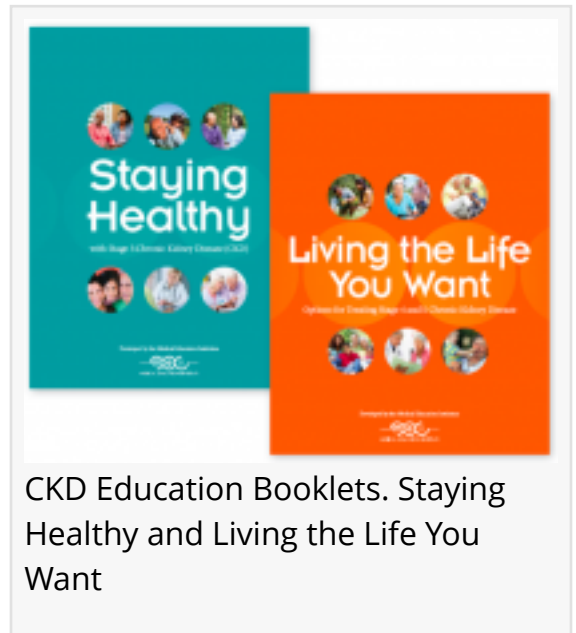


# MEI Releases NEW Chronic Kidney Disease Education Booklets for National Kidney Month

*The Medical Education Institute (MEI) is releasing two new educational booklets to help people slow chronic kidney disease (CKD) and improve their health.*

MADISON, WISCONSIN, USA, March 25, 2015

/EINPresswire.com/ -- At the National Kidney Foundation Spring Clinicals meeting in Dallas, during [National Kidney Month](#), the non-profit [Medical Education Institute \(MEI\)](#) is releasing two new booklets to help people slow chronic kidney disease (CKD) and improve their health. [Staying Healthy](#) (stage 3 CKD) and [Living the Life You Want](#) (stage 4-5 CKD) are written at the 6th grade reading level, and can be customized, branded, and ordered via a licensing agreement. The booklets were developed for distribution by organizations like healthcare providers, insurers, disease management outfits, and self-insured companies.



CKD Education Booklets. Staying Healthy and Living the Life You Want

## Patient-centered education

[Staying Healthy](#) and [Living the Life You Want](#) both cover emotional well-being, causes and symptoms of CKD, prolonging kidney function, lab tests, what to eat and what to avoid, exercise, and medications. The stage 4-5 booklet also includes options for treatment of kidney failure.

"The information in these booklets can help people with CKD take action to live as well as possible," said MEI Executive Director Dori Schatell, MS. "We believe that offering hope for a good life despite CKD may help people overcome their fears—and reduce emergent dialysis starts."

About MEI: Founded in 1993, MEI is a national 501(c)(3) non-profit organization dedicated to helping people with chronic diseases learn to manage and improve their health. MEI fulfills its mission by conducting research, developing evidence-based educational materials for consumers and health professionals, and advocating for patient-centered policies. MEI is funded through corporate sponsorships, fee-for-service contracts, product sales, and donations. Tax-deductible contributions can be made through MEI's website, [www.meiresearch.org](http://www.meiresearch.org).

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Press release courtesy of Online PR Media: <http://bit.ly/1LZaH0b>

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