

Penelope Gnesin Transformation and Healing to be Featured on CUTV News Radio

ASBURY PARK, NEW JERSEY, USA, March 27, 2015 /EINPresswire.com/ -- Everyone experiences the pleasures of joy and the pain of physical or emotional sorrow at one point or another. How we carry these experiences can have an enormous impact on our future. When hope is at an all time low, it's important to remember that you are not alone. There are trained individuals that can help you through the toughest of times and the harshest of scenarios. With over 28 years experience, Penelope Gnesin has devoted her career to healing and helping people live the life that they truly want.

Suffering from endometriosis, Penelope was able to heal herself using the ancient healing art of Reiki. She went on to become the first Reiki Master in the state of New Jersey. Since the mid 1980s, Penelope has strived to help people overcome a wide variety of health obstacles and enrich their daily lives.

The modalities and techniques that Penelope has studied and incorporates into her work include [Energy Medicine/Psychology](#), [Emotional Freedom Technique](#)

(EFT), Craniosacral Therapy, Acupressure and she has recently earned certification in Dream Builder Transformational Life Coaching. Penelope has even developed her own Chakra Release Therapy and Migraine Release Technique.



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Penelope Gnesin

With an incredible background, Penelope is able to help people struggling with health/emotional issues, pain and trauma. Penelope's zest for life, her hunger for knowledge and ability to learn the latest methods of care are all true signs of her devotion to her craft.

“I received a lot of training in order to have the tools in the toolbox to handle whatever issues come through my office door. Just by being, just by being human, we all deserve to live the lives we dream of living. Emotional and physical pain

can be a heavy burden. I work with people to release these burdens and live a more fulfilling life,” exclaims Gnesin.

Penelope is extremely excited to add Dream Builder Transformational Life Coach to her repertoire as

it combines many of the laws she has previously received training in. "First, I help you to determine what you want your life to look like and then, together we work to overcome the limiting obstacles. Where we end up after the sessions is incredible. It rejuvenates and invigorates your life. That's why I love what I do."

CUTV News Radio will feature Penelope Gnesin with host Doug Llewelyn on Monday March 30th at 9am EST.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio>. If you have a question for our guest, call (347) 996-3389.

For more information about Penelope Gnesin, visit <http://www.pennyhealing.com>

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