



SALT CAVE INC. OFFERING WELLNESS CENTERS FOR CORPORATE OFFICES.

RUTLAND, VERMONT, USA, March 30, 2015 /EINPresswire.com/ -- Rutland, VT – March 16, 2015 – Recognized Himalayan salt cave designer and builder Dr. Margaret Smiechowski recently announced that her Salt Cave Inc. is offering wellness centers for corporate office environments, encompassing salt cave/salt rooms, napping centers and meditation rooms.

Vermont-based Salt Cave Inc. and Dr. Smiechowski understands the ins and outs of creating salt caves and helps clients design and build their own Himalayan caves, allowing them to take advantage of the many health, beauty and healing benefits that come along with owning one. Dr. Smiechowski has also recently warned of a growing trend revealing salt cave companies that scam customers by promising lower construction prices but using subpar, improper equipment.

“As people increasingly search for natural ways to improve their well-being, Himalayan salt has emerged as one very powerful healing tool,” explains Dr. Smiechowski. “Salt has been used throughout history in almost all cultures; ancient Egyptians used salt as a preservative and in foot and body scrubs, and sea cultures have long known that saltwater speeds up the healing of cuts and bruises.

“Unlike table salt that has had almost all of its mineral content removed, Himalayan salt contains all of the minerals essential to life. Additionally, Himalayan salt is anti-bacterial, anti-viral, anti-fungal and powerfully anti-inflammatory, and all around the world Himalayan salt has been used to combat the signs of aging, cellulite, heart and blood pressure issues, respiratory problems such as asthma and allergies, skin conditions, sexual dysfunction and much more.”

Understanding all the aspects that are involved in building a salt cave – including grasping traditional building techniques, working with salt prior to melting and understanding air flow, climate control and design – Dr. Smiechowski is a professional who helps clients design and build their own caves.

“We have discovered that some companies or so-called professionals offering salt caves are using materials that can actually be harmful for someone sitting in them – and at the very least will deteriorate the salt quickly, wasting time and money,” concludes Dr. Smiechowski. “That’s not how we do business at Salt Cave Inc.; utilizing modern technology and innovations in environmentally-friendly building techniques, we can recreate the healing benefits of the salt cave in homes and businesses with the professionalism clients have come to expect from us.”

Salt Cave Inc. is located in Rutland, VT and can be reached by calling (802) 770-3138 or emailing SaltCaveVT@gmail.com. More information about Himalayan salt caves and Salt Cave Inc. can be obtained by visiting: www.SaltCaveBuilder.com.

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Photos and Media Pack: High-res images available on request. Videos can be viewed on the links below:

<https://www.youtube.com/watch?v=iAQ7LP717JE>

<https://www.youtube.com/watch?v=OMlfrxN1pc>

<https://www.youtube.com/watch?v=kPa2pt1p8Bs>

<https://www.youtube.com/watch?v=6GwTsRsEabs>

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This press release can be viewed online at: <http://www.einpresswire.com>

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