



# Dance Online Training Programs for Beginners by GAALC

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*GAALC offers Live, individual, real time, interactive online private Dance training programs*

NEW DELHI, NEW DELHI, INDIA, March 10, 1987 /EINPresswire.com/ -- MARCH 30TH, 2015, VASANT KUNJ ENCLAVE, DELHI- GAALC; Global Academy of Arts, Languages and culture is announcing dance online training programs for beginner. Online programs are conducted through Skype or Google hangout which is completely interactive real time and individual. The online training programs offered by GAALC are time saving and affordable too (<http://gaalc.in/Dance-school-India-online-class-lessons-Indian-dance-academy-guru.html> ). You can choose your suitable time for learning, and GAALC devoted to give you best E learning classes.

Classical dance is the melody of life, which creates rhythmic vibration and enters in the heart and soul of the human being and makes feel the unimaginable peace and harmony. In this era everybody knows the value of dance. Dance will give you perfect fitness, confidence and energy which you lost every day for hard work. Dance is a scientific movement of the body; dance is the only way, through learning you can understand your body.

GAALC provides following courses for online Dance training programs, the courses are:

1. Short term certificate level -24 months of duration
2. Regular term certificate level- 36 months of duration
3. Extended term certificate level- 54 months of duration

GAALC Provides following Dance Lessons:

1. Indian classical dance forms (Bharatnatyam, Kathak, Kuchipudi, Oddisi, Manipuri, Mohiniyattam etc.)
2. Indian Folk Dance forms (Bhangra, Ghidra, Raas-Dandiya, Garba, Bihu, Kalbeli etc.)
3. Modern Dance forms (Sattriya, Bollywood Dance, Rabindra Nritya, creative Dance etc.)
4. Western Dance (Hip-Hop, Salsa, Belly Dance etc.)
5. Dance Therapy, Aerobic Fitness etc.

All classes are individual and conduct by experts, Famous Dancers, Dance Teachers or Guru. GAALC works with good skill professional team who are dedicated for fulfill your needs.

Author Bio:

GAALC is a Global academy of Art Language and Culture. GAALC provides you E-learning program with live one-on-one online class lessons on Skype and Google Hangout. GAALC offers online Dance training programs of different terms and durations. To know more please visit [www.gaalc.in](http://www.gaalc.in)

GAALC Music

GAALC-The Global school of Dance and Music

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email us here

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