

# Study: The Immune System Needs Zinc; The CBCD Reviews the Study

*Deficiency of zinc leads to impaired wound healing and susceptibility to infection. (1)*

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“Infected with a latent virus such as herpes, HPV, EBV, CMV, or HCV? The CBCD, which conducted two separate post-marketing clinical studies on the natural, antiviral formula of [Gene-Eden-VIR](#) and [Novirin](#), recommends taking these remedies against latent viruses.” - Greg Bennett, CBCD



A new study stated that zinc, which is an

“essential trace element,” is necessary for the health of the immune system. Dr. Livingstone wrote that “zinc (Zn) has a large number of physiologic roles, in particular being required for growth and functioning of the immune system ... deficiency impairs physiologic processes, leading to clinical consequences that include failure to thrive, skin rash, and impaired wound healing. Mild deficiency

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In addition to eating foods that contain zinc, the Center also recommends taking Gene-Eden-VIR or Novirin.

*Greg Bennett, CBCD*

that is not clinically overt may still cause nonspecific consequences, such as susceptibility to infection and poor growth.” (1) Dr. Livingstone is a member of the UK Faculty of Health and Medical Sciences at the University of Surrey in the UK. Dr. Martin Hum agrees with Dr. Livingstone, but goes farther, writing in a report that “Zinc has been shown to be an effective treatment for the common cold in several double-blind, placebo-controlled trials. Both zinc acetate and zinc gluconate lozenges were found to reduce the duration and

severity of cold symptoms. Topical application of zinc has also been used to treat cold sores, which are caused by the herpes simplex virus.” (See The Institute for Optimum Nutrition, from 2004) (2)

As research suggests, zinc is antiviral, with WebMD noting that zinc is “used for boosting the immune system, treating the common cold and recurrent ear infections, and preventing lower respiratory infections.” (See WebMD.com, from 2009) (3)

“It’s clear that the evidence points to the body’s need for zinc. Because the CBCD believes in a comprehensive, positive blend of natural and Western medicines, we recommend zinc supplementation after consultation with a doctor. We also recommend taking Gene-Eden-VIR or Novirin against viruses in the latent form.” - Greg Bennett, CBCD

The formula of Gene-Eden-VIR and Novirin was tested by Hanan Polansky and Edan Itzkovitz from the CBCD in two clinical studies that followed FDA guidelines. The studies showed that the formula of Novirin and Gene-Eden-VIR is effective against a broad range of latent viruses. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with (a latent virus) ... reported a safe decrease in their symptoms following treatment..." (5) The study authors also wrote that, "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (5)

Both Gene-Eden-VIR and Novirin can be ordered online through their respective websites here:

<http://www.gene-eden-vir.com>

and

<http://www.novirin.com>

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose were chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses.

To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims. Note: Novirin has the same formula as Gene-Eden-VIR. However, it contains higher quality and more expensive ingredients.

"Zinc deficiency might occur in people with severe diarrhea, conditions that make it hard for the bowel to absorb food, liver cirrhosis and alcoholism, after major surgery, and during long-term use of tube feeding in the hospital." (3) Additionally, it should be noted that "Zinc is likely safe for most adults when applied to the skin, or when taken by mouth in amounts not larger than 40 mg daily. Routine zinc supplementation is not recommended without the advice of a healthcare professional. In some people, zinc might cause nausea, vomiting, diarrhea, metallic taste, kidney and stomach damage, and other side effects. Using zinc on broken skin may cause burning, stinging, itching, and tingling." (3)

The CBCD points out that it is possible for many individuals to get enough zinc from their diet. Healthaliciousness.com recommends eating spinach, pumpkin and squash seeds, cashew nuts, dark baking chocolate, cooked mung beans, and grilled portabella mushrooms. (See healthaliciousness.com) (5) In addition to eating foods that contain zinc, the Center also recommends taking Gene-Eden-VIR or Novirin to help the immune system safely and effectively target latent viruses that cause many major diseases.

Individuals interested in learning more about the natural, antiviral effect of the Novirin formula may read the published studies at the following links:

All orders of Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

(1) Livingstone C1. "Zinc: Physiology, Deficiency, and Parenteral Nutrition." Nutr Clin Pract. 2015 Feb 13.

<http://www.ncbi.nlm.nih.gov/pubmed/25681484>

(2) Institute for Optimum Nutrition - Hum, M. "Vanquishing Viruses: 10 Natural Antivirals." Published 2004

<http://www.ion.ac.uk/information/onarchives/vanquishingviruses>

(3) WebMD.com - ZINC - This copyrighted material is provided by Natural Medicines Comprehensive Database Consumer Version. Information from this source is evidence-based and objective, and without commercial influence. For professional medical information on natural medicines, see Natural Medicines Comprehensive Database Professional Version. © Therapeutic Research Faculty 2009.

<http://www.webmd.com/vitamins-supplements/ingredientmono-982-zinc.aspx?activeingredientid=982&activeingredientname=zinc>

(4) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013.

<http://www.scirp.org/journal/PaperInformation.aspx?PaperID=3610>

(5) Healthaliciousness.com - "Top 10 Foods Highest in Zinc."

<http://www.healthaliciousness.com/articles/zinc.php>

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