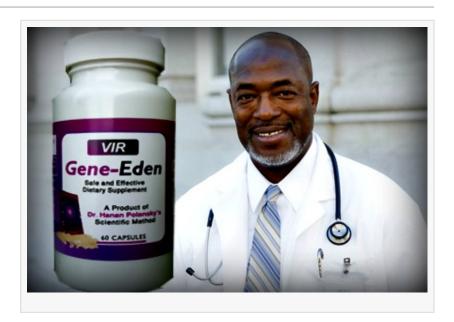


## Study: Garlic Has Antiviral and Anti-Cancer Properties; The CBCD Reviews the Study

Garlic is a home remedy that boosts the immune system due to its modulation of cytokine production. (1)

ROCHESTER, NEW YORK, UNITED STATES, March 31, 2015 /EINPresswire.com/ --

"Infected with a latent virus such as herpes, HPV, EBV, CMV, or HCV? The CBCD, which conducted two separate post-marketing clinical studies on the natural, antiviral formula of <u>Gene-Eden-VIR</u> and <u>Novirin</u>, recommends taking these remedies against latent viruses." - Greg Bennett, CBCD



A new study found that garlic has numerous health benefits, including the ability to boost the immune system and fight cancer cells. Dr. Jessica Sung and colleagues wrote that "Garlic (Allium sativum) is known to have many beneficial attributes such as antimicrobial, antiatherosclerotic, antitumorigenetic.



The Center recommends using garlic in cooking. The CBCD also recommends taking Gene-Eden-VIR or Novirin.

Greg Bennett, CBCD

and immunomodulatory properties ... (and) ... the modulation of cytokine production by garlic as cytokines (proteins used by cells for communication) are important immune system mediators." (1) Dr. Sung is from the Department of Biological Sciences at California State Polytechnic University. The CBCD points out that in addition to garlic's effect on cytokine production, it also has antiviral effects against the common cold and the flu. "Garlic's cold-preventing reputation has been upheld by laboratory tests in which fresh garlic, allicin and various other sulphur compounds in garlic killed the common

cold virus, various strains of influenza viruses and herpes simplex virus types I and II. Clinical trials are needed to conclusively demonstrate garlic's effectiveness in fighting colds and flu." (See The Institute for Optimum Nutrition, from 2004) (2)

Garlic is commonly used "as a folk remedy in many cultures to protect against colds and influenza. In laboratory studies, garlic was found to possess antiviral, antibacterial and antifungal properties. Key to garlic's antiviral and healing properties are its hundreds of beneficial compounds, which work synergistically." (2)

As research suggests, garlic is antiviral and boosts the immune system, with WebMD noting that garlic is "used for building the immune system, preventing tick bites, and preventing and treating bacterial and fungal infections." (See WebMD.com, from 2009) (3)

"It's clear that the evidence points to the health benefits of garlic. Because the CBCD believes in a comprehensive, positive blend of natural and Western medicines, we recommend using garlic in your cooking. We also recommend taking Gene-Eden-VIR or Novirin against viruses in the latent form." - Greg Bennett, CBCD

The formula of Gene-Eden-VIR and Novirin was tested by Hanan Polansky and Edan Itzkovitz from the CBCD in two clinical studies that followed FDA guidelines. The studies showed that the formula of Novirin and Gene-Eden-VIR is effective against a broad range of latent viruses. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with (a latent virus) ... reported a safe decrease in their symptoms following treatment..." (5) The study authors also wrote that, "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (5)

Both Gene-Eden-VIR and Novirin can be ordered online through their respective websites here:

http://www.gene-eden-vir.com

and

## http://www.novirin.com

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose were chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses.

To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims. Note: Novirin has the same formula as Gene-Eden-VIR. However, it contains higher quality and more expensive ingredients.

In addition to its antiviral properties, "a recent and significant finding from Washington State University shows that garlic is 100 times more effective than two popular antibiotics at fighting disease causing bacteria commonly responsible for food borne illness." (See HealthImpactNews.com, from May 2013) (5)

"There is a lot of variation among garlic products sold for medicinal purposes. The amount of allicin, the active ingredient and the source of garlic's distinctive odor, depends on the method of preparation. Allicin is unstable, and changes into a different chemical rather quickly. Some manufacturers take advantage of this by aging garlic to make it odorless. Unfortunately, this also reduces the amount of allicin and compromises the effectiveness of the product. Some odorless garlic preparations and products may contain very little, if any, allicin. Methods that involve crushing the fresh clove release more allicin." (3)

The CBCD points out that although generally safe, garlic can also cause "stomach or digestion problems: Garlic can irritate the gastrointestinal (GI) tract. Use with caution if you have stomach or digestion problems." (3)

"We believe garlic can be a wonderful, flavorful addition to many meals when eaten in moderation. The Center recommends using garlic as yet another means of boosting the immune system. The Center also recommends taking Gene-Eden-VIR or Novirin to help the immune system safely and effectively target latent viruses that cause many major diseases.

Individuals interested in learning more about the natural, antiviral effect of the Novirin formula may read the published studies at the following links:

All orders of Gene-Eden-VIR and Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

## References:

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