

# Protégé of Grammy Winner Eugene Record Offers Powerful Tools that Leverage Purpose to Achieve God-Ordained Destiny

*Book Brings New Millennium Relevance to Empower Others to Leverage the Past to Move from Victim to Victor over Traumatic Experiences*

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Described as *The Battlefield of the Mind meets The Purpose Driven Life*, against a backdrop of the Master Plan, "[Whose Apple](#) is it Anyway! Empowering Purpose to Achieve Your God-Ordained Destiny" pulls it all together equipping readers with two powerful tools to side step enemy mind-fields, reclaim enemy territory and realign themselves with destiny. Readers embark upon a profound voyage along a trail of tears and laughter; heartbreak and triumph, as they are guided along the author's own journey to wholeness and healing.

This is not your grandparents' self-help [book](#). This is real talk for real people in a real world. The book's rubber-meets-the-road perspective brings new millennium relevance as readers discover why what we have been taught about our "flesh" is off-focus, why the soul is the prime target, and why the mind is the battlefield.



Linda F, Williams, MSW

In her own unique voice, Linda F. Williams, MSW tells a story of emotional and physical abuse; rape; divorce and a 17-year marriage to a man who was later convicted as a sexual predator. Williams guides readers in discovering their own Paths of Purpose and achieving the healing and empowerment it takes to realize their God-ordained destiny as she reveals the secret to achieving the healing and empowerment it takes to realize their destiny.

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*Linda F. Williams, MSW*

This inspirational book equips readers to wield the one sure-fire weapon they have had all along and gain the skill to leverage it to side step enemy mind-fields devised to redirect focus and sidetrack destiny.

“The opposition's strategy is to keep us off focus by blinding us to how every hurtful or traumatic experience has twisted who we really are,” says Williams. “Over time, our true characters morph into complete opposites of what God created. The result is lock-down in areas we don't even see. The destruction comes in the form of unrealistic scripts we repeatedly run

in our minds. These fake scripts develop early on and consistently as we internalize traumatic or negative experiences as if we are the wrong that was done to us. The fallout is that we become slaves to Irrational Emotional Discharges (IEDs) that lay wait in enemy mind-fields. These IEDs lockdown purpose and shout down the destiny God intends for us.”

#### [About the Author:](#)

Founder and CEO of Whose Apple Empowerment Center, Linda F. Williams has a Bachelor’s in Organizational Leadership from Calvin College; a Masters of Social Work (Clinical/Macro)

from Western Michigan University; and Graduate Certification in Substance and Alcohol Abuse. She is a doctoral candidate at The Harold Abel School of Social and Behavioral Sciences at Capella University. She is also a former Professor of Human Services.



Whose Apple is it, Anyway!

#### Clinical Expertise

Ms. Williams’ clinical philosophy holistically combines psychological, physiological, and spiritual implications of the Proverb that says that as a man thinks, so is that man. She has the insight to recognize how traumatic histories and other painful experiences lead to self-defeating behaviors that can mutate our God-given character traits; and immobilize purpose by locking down our talents, skills, and abilities.

#### Federal Service

Born in Illinois, Williams was reared in rural Hart, Michigan. After beginning college at Eastern Michigan University, she returned to her roots in Chicago where she began her federal career with the Department of Housing and Urban Development (HUD) eventually transferring to the United States Department of Agriculture (USDA). She has 35 years in civilian government service, seven years as a labor leader, and expertise as a national negotiator. Experienced in Interest-based Bargaining (IBB), Ms. Williams has negotiated several national collective bargaining agreements. A dynamic Change Agent, she negotiated the largest reorganization in her agency’s history. She is an expert in organizational culture, labor relations, leadership development, and win-win negotiation strategy.

#### Musician

Williams is a protégé of Grammy Winning Songwriter and Arranger, Eugene Record; Ms. Williams had three song releases by the Chilites: You Take the Cake, Do What You Want, and Hard Act to Follow, all co-written with Mr. Record, who had international hits with Oh Girl, Have You Seen Her, Soulful Strut, and For God’s Sake We’ve Got to Get More Power to the People.

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