

# Announcing the release of: Aging Loved Ones: A Guide To Organizing and Managing the Aging Process

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*This book will provide guidance to individuals who find themselves tasked with managing an elderly person.*

PORTLAND, OR, USA, April 6, 2015 /EINPresswire.com/ -- The Leading Edge of the "Baby Boomers" reached 65 years (nominal retirement age) on January 1, 2011. This [aging](#) phenomenon represents not just a future bulge in the elderly demographic, but also a current demand for care. The trailing edge of this cohort is now more than 50 years of age and hence, is likely to need a greater responsibility for [elder care](#) and management as their parents are now between 75 and 85 years of age.

This book is intended to inform and provide guidance to the reader themselves, spouses, adult children, siblings or friends, who may find themselves tasked with organizing and managing the aging process. Thematically, the book begins with an appreciation of family history and moves through the processes of maintaining independence, providing support as necessary, and considering mobility challenges and alternative living arrangements when independent living is no longer a viable option. The critical issues of financial, legal, and asset management (and/or disposition) are explored, as are the importance of role clarification, care for the care giver(s), and health and personal care. The book concludes with a series of options for Final Arrangements.

In addition to the text, each Chapter is supported by [Information](#) Worksheets which enable the reader to personalize the management process. The Sheets are designed to act as a roadmap, i.e. a means of collecting all pertinent information in one place to bring order and organization to the elder management process. This process is supported further through [www.HardyWilsonInk.com](http://www.HardyWilsonInk.com) where full size Information Worksheets may be downloaded on an as needed basis

Where to buy

The book may be ordered from AMAZON ( [www.amazon.com](http://www.amazon.com), [www.barnesandnoble.com](http://www.barnesandnoble.com)) most local bookstores, and some hospital gifts shops in 6" x 9" trade paperback. It is also available from AMAZON in Kindle electronic format.

## About the Authors

Bonnie Hardy is an Adult Educator. A few years ago, she embarked on the most amazing, albeit often confusing and challenging journey of her life; assisting her Mother as she learned to adjust and cope with the process of aging. This Guide is not a reflection of their journey, but rather, provides a format that allows each reader to personalize the text to their unique situation, as they work through the joys and challenges of supporting an aging loved one.

Norm Hardy routinely applies his expertise in Risk Assessment and Management to developing solutions to both individual and larger scale problems. He has an extensive experience conducting specialized research and analysis, and, as well, creating, administering and evaluating a variety of personal assessment, information gathering and decision-making instruments. Norm holds both Master's and Ph.D. degrees from the University of Kansas.

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