

## Study: Aging Weakens the Immune System; The CBCD Recommends Gene-Eden-VIR against Latent Viruses

As people age, there are fewer white blood cells capable of protecting the body from bacteria and viruses.(1)

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"Infected with a latent virus such as herpes, VZV, HPV, EBV, CMV, or HCV? The CBCD, recommends taking <u>Gene-Eden-VIR</u> or <u>Novirin</u> against <u>latent viruses</u>." - Greg Bennett, CBCD

Older people are more susceptible to infection with a latent virus because their immune system weakens as they age. Dr. Dorshkind and colleagues wrote in a study that "consistent and reproducible loss of optimum function ... occurs in lymphocytes as they age. The functional defects in T cells (a type of immune cell), particularly in the naive populations and B lymphocytes (another type of immune cell) are broad. For example, ageassociated changes in B cells include reduced antibody production." (1) In other words, due to aging, T cells respond more slowly to the presence of bacteria and viruses. Additionally, B cells produce fewer antibodies (proteins used by the immune system to identify and neutralize viruses). Dr. Dorshkind is from the Department of Pathology and Laboratory Medicine, David Geffen School of Medicine at UCLA in Los Angeles.

MedLine Plus notes that "As you grow older, your immune system changes and does not work as well: It is slower to





respond. This increases risk of getting sick. Flu shots or other vaccines may not work as well or protect you for as long as expected. Healing is also slowed in older persons. There are fewer immune cells in the body to bring about healing. The immune system's ability to detect and correct cell defects

community consider latent viruses to be harmless. However, according Dr. Hanan Polansky and other scientists, viruses can still cause disease during the latency phase. These viruses are still active. They still create viral proteins and even shed (stay infectious) although on a reduced scale.

One virus that remains latent in the body for years and exploits the decline in the immune system due to aging, is the varicella zoster virus (VZV), which is also known as herpes zoster. This virus causes shingles, which strikes millions of older adults annually worldwide and disables a substantial number of them via postherpetic neuralgia (PHN) ... VZV-induced neuronal destruction and inflammation causes the principal problems of pain, interference with activities of daily living, and reduced quality of life in elderly patients. (4)

"It's clear that the evidence points to the fact that older individuals are at a higher risk for the dangers posed by many latent viruses, including the Varicella Zoster Virus, which causes shingles. For these individuals, we recommend taking Gene-Eden-VIR or Novirin, which have a natural antiviral formula designed to help the immune system target latent viruses." - Greg Bennett, CBCD

The formula of Gene-Eden-VIR and Novirin was tested by Hanan Polansky and Edan Itzkovitz from the CBCD in two clinical studies that followed FDA guidelines. The studies showed that the formula of Novirin and Gene-Eden-VIR is effective against a broad range of latent viruses. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with (a latent virus) ... reported a safe decrease in their symptoms following treatment..." (5) The study authors also wrote that, "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (5)

Both Gene-Eden-VIR and Novirin can be ordered online through their respective websites here:

http://www.gene-eden-vir.com

and

## http://www.novirin.com

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose were chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses.

To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims. Note: Novirin has the same formula as Gene-Eden-VIR. However, it contains higher quality and more expensive ingredients.

"While some people age healthily, the conclusion of many studies is that, compared with younger people, the elderly are far more likely to contract infectious diseases ... no one knows for sure why this happens, but some scientists observe that this increased risk correlates with a decrease in T cells, possibly from the thymus atrophying with age and producing fewer T cells to fight off infection." (6)

Aging and latent viruses join forces in a vicious cycle. Aging decreases the efficiency of the immune

system. As a result, the concentration of latent viruses increases. This further decreases the efficiency of the immune system, which in turn, increases the numbers of latent virus, and on and on. As Harvard Health Publications suggests, "your first line of defense is to choose a healthy lifestyle. Following general good-health guidelines is the single best step you can take toward keeping your immune system strong and healthy. Every part of your body, including your immune system, functions better when protected from environmental assaults and bolstered by healthy-living strategies." (6) The Center for the Biology of Chronic Disease (CBCD) also recommends taking Gene-Eden-VIR or Novirin.

Individuals interested in learning more about the natural, antiviral effect of the Gene-Eden-VIR and Novirin formula may read the published studies at the following links:

Click to read: Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study <a href="http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101#.VStq7tyUf90">http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101#.VStq7tyUf90</a>

Click to read: Gene-Eden-VIR Decreased Physical and Mental Fatigue in a Post Marketing Clinical Study That Followed FDA Guidelines; Results Support Microcompetition Theory <a href="http://www.scirp.org/journal/PaperInformation.aspx?PaperID=44234#.VStq8dyUf90">http://www.scirp.org/journal/PaperInformation.aspx?PaperID=44234#.VStq8dyUf90</a>

All orders of Gene-Eden-VIR and Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

## References:

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- (2) Medline Plus "Aging changes in immunity." Update Date: 11/10/2012. Updated by: David C. Dugdale, III, MD, Professor of Medicine, Division of General Medicine, Department of Medicine, University of Washington School of Medicine. http://www.nlm.nih.gov/medlineplus/ency/article/004008.htm
- (3) Microbiology and Immunology On-Line University of South Carolina School of Medicine Virology Chapter Eleven Herpes Viruses. Last updated May 24, 2011. pathmicro.med.sc.edu/virol/herpes.htm
- (4) Thomas T. Yoshikawa, Section Editor and Kenneth Schmader "Herpes Zoster in Older Adults." Clin Infect Dis. (2001) 32 (10): 1481-1486. <a href="http://cid.oxfordjournals.org/content/32/10/1481.full">http://cid.oxfordjournals.org/content/32/10/1481.full</a>
- (5) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013. <a href="http://www.scirp.org/journal/PaperInformation.aspx?PaperID=3610">http://www.scirp.org/journal/PaperInformation.aspx?PaperID=3610</a>
- (6) Harvard Health Publications How to boost your immune system. http://www.health.harvard.edu/staying-healthy/how-to-boost-your-immune-system

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