

Carla McClellan of Life Coaching With Carla to be Featured on CUTV News Radio

KANSAS CITY, MISSOURI, USA, April 24, 2015 /EINPresswire.com/ -- What if life could be easier? The good news is it can be. You have the power to make a significant change in your life, the power to shape and form a vision. Unfortunately, the step people often leave out is taking action toward that vision.

Carla McClellan is an [International Coach Federation](#) ACC-certified life coach and the founder of Life Coaching With Carla, where she supports her clients to live a life of clarity, focus, ease and grace. Carla helps her clients recognize their intentions and develop the necessary tools to navigate obstacles and listen to your inner wisdom.

“I want to be your soul’s best friend,” says Carla. “My whole theme is [vibrant living](#). What the world needs now are people who wake up every day and are alive. We all have dreams and goals. I help you uncover your intentions and form a strategy to bring them into your life.”

Carla says her clients are typically people who are interested in spiritual development. They’ve lost a sense of connection with their passion and feel like their life is on autopilot.

“We create a space where people can cough up their fur balls,” says Carla. “Our brains are tipped toward the negative.

What’s missing? What needs to be fixed? If we can hit that pause button there’s another voice inside us, a voice of wisdom.”

Carla’s life was completely transformed 10 years ago. After answering the call and graduating from ministerial school, she lost her mother, her brother and her daughter Paula.

“If somebody had told me there was a bottom to my grief, I



would have been so grateful,” recalls Carla. “I’d assumed I was going to have a hole in my heart the rest of my life. I needed my daughter’s death to have a different meaning from my life being over.”

“As a minister, how do I serve? How do I stay authentic? How do I comfort the afflicted and afflict the comfortable?” says Carla. “I wanted to live vibrantly even while I was grieving tremendous loss. My journey became, ‘How do I live a life with clarity, knowing the grace of God was around me at all times?’ To honor Paula’s life and memory, I decided I would do something intentional to express the qualities of being Paula’s mother to inspire and encourage others to live a passionate, purposeful life.

Carla says while she is very good at working with clients struggling with grief, she wants to be more than a grief coach. She considers herself a relationship coach — for your relationship with yourself.

“My goal is to reach as many people as I can,” says Carla. “There is a way through everything. It might be dark right now, but there is a light switch. I can hold your hand while we look for it.”

CUTV News Radio will feature Carla McClellan in an interview with Doug Llewelyn on April 27th at 10am EST.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio>. If you have a question for our guest, call (347) 996-3389.

For more information on Life Coaching With Carla, visit <http://www.lifecoachcarla.com>

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