

Does it Itch Before a Herpes Outbreak? CBCD Reviews the Medical Evidence

Recurrent blisters may be preceded by itching or pain before they appear. (1)

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“Infected with the Herpes virus (HSV-1 or HSV-2)? We recommend taking [Novirin](#) or [Gene-Eden-VIR](#).” Greg Bennett, CBCD

Many people wonder if the itching in the genital region is the result of an infection with the herpes virus. The answer is that yes, it could be. In infected individuals, “the herpes virus returns to the site of the initial infection and a new lesion (a recurrence or relapse of symptoms) appears. The frequency of the recurrences is variable, but the blisters are always at the same site. The recurrent blisters may be preceded by itching or pain before they appear. This is known as a ‘prodrome.’” (1) Additionally, progressivehealth.com notes that “most men and women that have Herpes types 1 and 2 develop a herpes itch. It’s important to avoid scratching the herpes itch, because while it’s difficult to spread the disease to others through scratching, it is possible to re-infect yourself if you touch an open area of your skin.” (2) The Center for the Biology of Chronic Disease (CBCD) recommends that individuals infected with HSV-1 or HSV-2 take Novirin or Gene-Eden-VIR. These natural, antiviral products have a formula that was shown to reduce HSV symptoms in two separate post-marketing clinical studies that followed FDA guidelines.



Click to learn more about [herpes symptoms](#).

The formula of Gene-Eden-VIR and Novirin was tested by Hanan Polansky and Edan Itzkovitz from the CBCD in two

showed that the formula of Novirin and Gene-Eden-VIR is effective against a broad range of latent viruses, including herpes viruses (HSV-1 and HSV-2). The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with (a latent virus) ... reported a safe decrease in their symptoms following treatment..." (3) The study authors also wrote that, "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (3)

Both Gene-Eden-VIR and Novirin can be ordered online through their respective websites here:

<http://www.gene-eden-vir.com>

and

<http://www.novirin.com>

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose were chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses.

To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims. Note: Novirin has the same formula as Gene-Eden-VIR. However, it contains higher quality and more expensive ingredients.

It is important for individuals to remember that "most people who've been infected with HSV don't know they have the infection because they have no signs or symptoms or because their signs and symptoms are so mild. When present, the symptoms of genital herpes include: pain or itching that begins within two to 10 days after exposure to an infected sexual partner, small red bumps or tiny white blisters, which may appear several days later, ulcers that form when the blisters rupture and ooze or bleed (and) scabs that form as the ulcers heal." (4)

What treatments are available against the herpes virus?

"Two types of antiviral treatments against HSV are available: topical and oral. The treatments include penciclovir, acyclovir, famciclovir, and valaciclovir. However, their effectiveness is limited. For instance, a meta-analysis of five placebo-controlled and two dose comparison studies evaluated the effect of aciclovir, famciclovir or valaciclovir on symptoms. The meta-analysis showed that oral antiviral therapy decreases the duration and the associated pain of an outbreak by merely one day." (3) There are also natural antiviral products that studies show to be safe and effective in reducing herpes symptoms. Two of these products are Novirin and Gene-Eden-VIR. The only treatments that were designed to target the latent herpes virus are Novirin and Gene-Eden-VIR.

All orders of Gene-Eden-VIR and Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

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(3) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013.

<http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101>

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