

Love and Relationship Coach Angela Ambrosia to be Featured on CUTV News Radio

NEW YORK, NEW YORK, USA, May 4, 2015 /EINPresswire.com/ -- The most important <u>love</u> story of all is your love story, but we've been programmed to believe <u>relationships</u> are complicated and destined to fail. We need a new language to create new voices and new ways of loving in relationships.

Angela Ambrosia is a love and relationship coach specializing in helping women to create the relationship of their dreams.

"There's always something in your love story that reveals qualities of love that are important to you," says Angela. "I'm passionate about creating a sense of love for a person that comes from within."

Through one-on-one coaching and a six-month at-home program called Transformed Relationships, Angela supports her clients to access the power of their desire to love and manage the feelings that arise.

"This is about writing the love story you've dreamed of living," says Angela. "It's about healing the hurts that have

kept your relationships stuck in repeating negative patterns."



Originally a dance performer and instructor, Angela says she initially worked with women to discover the part of themselves that was tender, emotional, sensual but also very connected.

"I enjoyed a wonderful emotional connection to my body as a dancer, but in my intimate relationships with men I was not able to have that connection," recalls Angela. "On the dance floor I felt empowered. Why couldn't I be that way in my relationships? I was very insecure but I soon discovered many women have had a similar experience. I wasn't the only woman having difficulty understanding how to truly connect in a relationship and make it something joyful."

Angela transitioned her practice from working with the body to working with the whole person – their thoughts, their feelings, and who they were in relationships – to transform them. Transformed Relationships explores our formative experiences in relationships while offering strategies to shift our mindset.

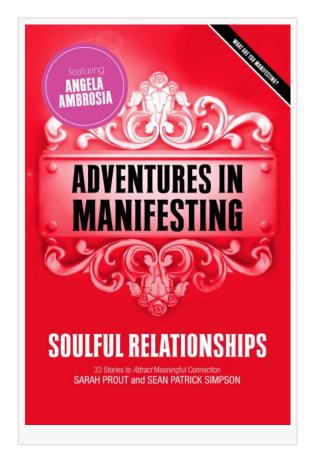
"You can't step into a new relationship and be totally free until you've actually sorted through the past," says Angela. "Unless the emotion systems in the body are rewired or reprogrammed, people tend to revert back to the behavior of fear. With my system when you come into the new relationship with a

person, all those old feelings can come up but you'll recognize them and get back to relating to the person in front of you. This is about coming from a higher place."

CUTV News Radio will feature Angela Ambrosia in an interview with Jim Masters on May 5th at 12pm EST.

Listen to the show http://www.blogtalkradio.com/closeuptalkradio. If you have a question for our guest, call (347) 996-3389.

For more information on Angela Ambrosia, visit http://www.loveandrelationshipcoach.com





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