

Jeanne Byrd of Reignite Your Life to be Featured on CUTV News Radio

CULVER CITY, CALIFORNIA, USA, May 5, 2015 /EINPresswire.com/ -- Many of us have big dreams for our lives, but somehow those dreams have been deferred by the responsibilities of our day-to-day living. That extra special "thing" that would truly put us in the center of our "A" life has remained frustratingly elusive. It is actually called THE GAP. It is the difference between how life is occurring for us and what we have dreamed about as our future.

What would it be like to reignite your life and reclaim your passion, purpose and possibility?

Jeanne is an international <u>transformative coach</u> and the founder of Reignite Your Life, where she offers transformative coaching and workshops to help people evolve beyond their past limitations and produce the life of their dreams.

"People come to me because they know there is a course correction that needs to be made.



They're unfulfilled in some way," says Jeanne. "I encourage people to set their intentions for what it is they want to create in their life. We start with a blank canvas and we listen to those desires that we have thought away with our mind and bring them back to the forefront of our awareness and consciousness."

According to Jeanne, transformation begins with naming your unique <u>creative impulses</u>. Our creative impulses are our inner longings. All too often we sweep them under the rug or think them out of existence. Jeanne teaches her clients to become present and available to their own creative impulses. She takes them through a path of practice that allows people to become aware of the meanings they have been making about who they are, showing them the tools to create a true and empowered meaning about the Truth of Who They Are and encouraging them to seek out mentors and collaborators that will hold them accountable to become the best version of themselves.

It was only after a successful 26 year career in the film industry as a script supervisor that Jeanne discovered her true calling.

"You're working with a lot of different personalities on set. There are a lot of egos involved and different points of view, but it was also a great opportunity to become a centered facilitator," recalls Jeanne. "People would show up overtired with no energy and not on top of their game. I was always

curious why. I became the unofficial coach on set and I helped them come to work feeling more rested and more positive. I realized I was becoming very effective at this. There was something stirring inside of me: a new calling."

Of course, Jeanne's extensive film experience has inspired her coaching. She uses film as a healing modality, inviting her clients to create their own movie based on their deepest desires – Their Future Self Movie!

"You're going to write the script. You're going to do the production design, the location. You're going to cast your movie and decide on wardrobe. You're going to reframe the past events of your life and create a movie about the deeper truth of who you are and your future self as it moves through life. Then it's 'Lights, Camera, Action!"

CUTV News Radio will feature Jeanne Byrd in an interview with Jim Masters on May 6th at



2pm EST.

Listen to the show http://www.blogtalkradio.com/closeuptalkradio. If you have a question for our guest, call (347) 996-3389.



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Jeanne Byrd

For more information on Reignite Your Life, visit http://www.jeannebyrd.com

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