

Report: Stress Damages the Immune System; CBCD Examines the Medical Evidence

Threats that induce stress are called stressors, and they can be physical, mental, or a combination of both. (1)

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“Infected with the latent Epstein Barr Virus (EBV)? The CBCD recommends taking [Gene-Eden-VIR](#) or [Novirin](#).” - Greg Bennett, CBCD

Research shows that long-term stress is bad for your health. It damages the immune system. Timothy Erick, a Ph.D. candidate from Brown University wrote that “Exposure to a virus does not always result in a cold; the virus must evade the immune system and establish a productive infection within the body - and it appears that stress facilitates this process. Researchers in psychology and immunology have discovered that chronic stress increases the likelihood of developing an infection after viral exposure.” (1) Dr. Coskun was more direct. “Epstein-Barr virus (EBV) remains latent in 90% of the patients following primary infection. The infection might be reactivated due to various stress factors.” (2) Dr. Coskun is from the Gulhane Medical Academy in Turkey. The Center for the Biology of Chronic Disease (CBCD) recommends that individuals who suffer from long-term stress take Gene-Eden-VIR or Novirin. These natural antiviral products have a formula that was designed to help the immune system target the latent EBV.

Click to learn more about [EBV symptoms](#).



viruses that establish latent infections, including with the Epstein Barr Virus (EBV). The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with EBV... reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR." (3) The study authors also wrote that, "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (3)

Both products can be ordered online on their websites here:

<http://www.gene-eden-vir.com>

and

<http://www.novirin.com>

Novirin and Gene-Eden-VIR are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses. To date, Novirin and Gene-Eden-VIR are the only natural antiviral products on the market with published clinical studies that support their claims.

"Chronic stress not only increases susceptibility to new viral infections but also renders an individual more vulnerable to the reactivation of latent viruses within the body." (1) It is also important to remember that "herpes viruses in particular reactivate more frequently in stressed individuals. (EBV is a member of the herpes virus family.) The herpes family of viruses causes not only the sexually transmitted disease commonly referred to as herpes, but also chicken pox and other minor diseases ... herpes viruses are never fully cleared from the body. Instead, they go into a latent state in which the virus is maintained silently throughout the life of the host (and) ... sometimes results in clinically serious diseases." (1)

Dr. Coskun continued, noting that "EBV reactivations should always be kept in mind in patients subject to such stressful conditions." (2)

The CBCD explains: When people are under stressful conditions, it can create the right environment for a latent virus, such as the Epstein Barr Virus (EBV), to increase in number, and sometimes even reactivate. "Although normally suppressed, the virus may later reactivate, particularly in cases of immunosuppression." (4).

When the Epstein Barr Virus is reactivated, it replicates and can cause many different symptoms. "Epstein-Barr virus (EBV), also known as human herpes virus 4, is a member of the herpes virus family. It is one of the most common human viruses. EBV is found all over the world. Most people get infected with EBV at some point in their lives. EBV spreads most commonly through bodily fluids, primarily saliva." (5).

"A few antiviral drugs are available that were shown to inhibit EBV replication in cell culture. These drugs include the acyclic nucleoside analogues aciclovir, ganciclovir, penciclovir, and their respective prodrugs valaciclovir, valganciclovir and famciclovir, the acyclic nucleotide analogues cidofovir and adefovir, and the pyrophosphate analogue foscarnet. However, clinical studies have shown that these drugs are mostly ineffective in humans." (3)

There are, however, natural antiviral products, such as Gene-Eden-VIR and Novirin which have been shown in studies to be effective in reducing symptoms associated with EBV infections.

“Because stress can cause viral infections to last longer and wounds take longer to heal, we recommend that individuals take Novirin or Gene-Eden-VIR. The formula of these natural antiviral products was shown to reduce EBV symptoms in two separate post-marketing clinical studies that followed FDA guidelines.” - Greg Bennett, CBCD.

All orders of Gene-Eden-VIR and Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

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