

Jodie Jensen of Like Fine Wine to be Featured on CUTV News Radio

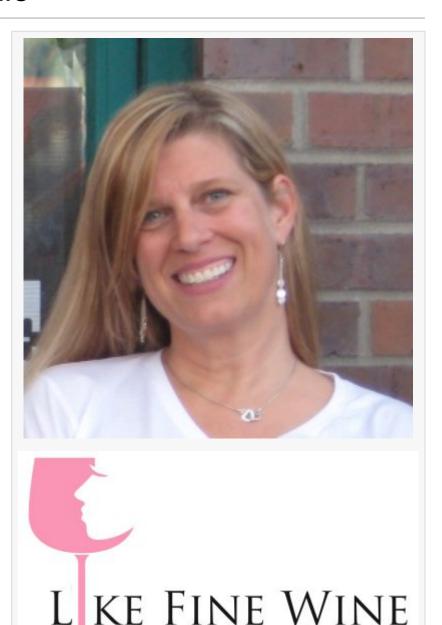
OVERLAND PARK, KANSAS, USA, May 13, 2015 /EINPresswire.com/ -- We all seek meaning and self-fulfillment as we enter our prime years, wondering what the next phase in our life will be. But life does improve with age – and we have the tools to make it happen.

Jodie Jensen is a certified professional coach and the founder of Like Fine Wine, where she specializes in working with women intent on creating change in their personal and professional lives. Like Fine Wine offers both group and one-on-one coaching to overcome limiting beliefs and develop the talents, strengths and skills to reach your full potential.

"You have to squeeze the juice out of life. You're withering on the vine," says Jodie. "Like fine wine, women improve with age. So what can I do to empower and support you to become your best self?"

And Like Fine Wine Women are women of action! What they all share is the wisdom and confidence that comes with self-exploration. Like Fine Wine master mind groups and group coaching experiences offer women an opportunity to share feelings, strategies, tips and tricks to ensure that our lives are emotionally and physically fulfilling.

"A coach is like having a personal



trainer," explains Jodie. "Without someone to spot them or mirror back best form, becoming their best self is not something they are likely to achieve on their own. I see people who are already healthy and whole and take them to the next level."



Prior to Like Fine Wine, Jodie spent many years as an active volunteer in the muscular dystrophy community. After sustaining a knee injury that required surgery and exacerbated her own muscular dystrophy, Jodie switched from

...women improve with age

a sales position to coaching and has never looked back. As a coach and activist, Jodie is determined to see all people lead full, productive and adventurous lives.

"You can learn coaching skills, but without empathy you're not going to succeed as a coach," says Jodie. "I'm proud to serving as an example of what a juicy and robust life is like. I've created a sacred, safe space with Like Fine Wine and I am ready to honor each person."

CUTV News Radio will feature Jodie Jensen in an interview with Jim Masters on May 15th at 2pm EST.

Listen to the show at http://www.blogtalkradio.com/closeuptalkradio/2015/05/15/cutv-news-radio-spotlights-jodie-jensen-of-like-fine-wine

If you have a question for Jodie, call (347) 996-3389.

For more information on Like Fine Wine, visit http://www.likefinewine.com

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