

# Herpes Virus Can Enter Through Tears Caused by Waxing; CBCD Reviews the Medical Evidence

*"Waxing may increase your risk of contracting certain sexually transmitted infections by creating micro-tears in your skin." (1)*

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"Already infected with a herpes virus (HSV-1, HSV-2, or EBV)? The CBCD recommends taking [Novirin](#) or [Gene-Eden-VIR](#)." – Greg Bennett, CBCD

The herpes virus can enter through micro-tears caused by waxing, according to a study. Removing genital hair through the waxing process has become increasingly popular, but "any resulting microscopic tears can potentially make you more vulnerable to infection." (1) The STD Project concurs, noting that "when someone shaves, waxes, tweezes (Ouch!) or otherwise removes the hair around their genitals, microscopic wounds are formed and provide an entry point for bacteria, parasites, and viruses. When additional irritation is combined with the warm moist environment of the genitals, it becomes a happy place for pathogen growth." (2) Dr. Alyssa Dweck, M.D wrote that "the STIs (sexually transmitted infections) that have shown the strongest link to waxing are HPV, herpes simplex virus, and molluscum contagiosum (a skin virus that wasn't considered an STI until recently, when it started springing up on more women's genitals). These viruses don't rely on

swapping bodily fluids and are all transmitted through skin-to-skin contact." (2)



The Center for the Biology of Chronic Disease (CBCD) recommends that individuals who wax, and

Hanan Polansky and Edan Itzkovitz from the CBCD in two clinical studies that followed FDA guidelines. The studies showed that the Gene-Eden-VIR and Novirin formula is effective against HSV-1, HSV-2, EBV, and other viruses. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with EBV...reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR." (3) The study authors also wrote that, "We observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (3) In addition, this natural antiviral was recently proven to reduce mental and physical fatigue in a post-marketing clinical study that followed FDA guidelines.

Both products can be ordered online on the Novirin and Gene-Eden-VIR websites.

Novirin and Gene-Eden-VIR are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses.

To date, Novirin and Gene-Eden-VIR are the only natural antiviral products on the market with published clinical studies that support their claims. Note: Novirin has the same formula as Gene-Eden-VIR. However, it contains higher quality and more expensive ingredients.

The CBCD points out that individuals who wax, also risk having viruses spread from a previous client's genitals to their own. "Reusing the same spatula on multiple clients violates health codes, but it's been known to happen and can spread microorganisms from previous clients that received a wax before you. Some salons don't change the bikini wax as often as they should. Number one reason – it's not cost effective, but worse than that is double dipping ... waxing in particular can be risky because the hot wax can irritate or tear the fragile skin in the bikini area, leading to infections, ingrown hairs and rashes." (2)

For women specifically, "bikini waxes which remove more hair from the genital area, such as a Brazilian or French bikini waxing, will get closer to the vagina and for that reason can pose a higher risk of contracting or transmitting an STD." (2)

What treatments are available against the herpes virus?

"Two types of antiviral treatments against HSV are available: topical and oral. The treatments include penciclovir, acyclovir, famciclovir, and valaciclovir. However, their effectiveness is limited. For instance, a meta-analysis of five placebo-controlled and two dose comparison studies evaluated the effect of aciclovir, famciclovir or valaciclovir on symptoms. The meta-analysis showed that oral antiviral therapy decreases the duration and the associated pain of an outbreak by merely one day." (3) There are also natural antiviral products that studies show to be safe and effective in reducing herpes symptoms. Two of these products are Novirin and Gene-Eden-VIR, which were designed to target the latent herpes virus.

[Click to learn more about Novirin and HSV and Gene-Eden-VIR and HSV.](#)

References:

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PUBLISHED: JULY 29, 2014

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(2) TheSTDProject.com – STDs and Shaving, Waxing or Vajazzling

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