

Genital Herpes vs. Yeast Infection; CBCD Reviews the Differences

"Vaginal yeast and vaginal herpes share similar symptoms." (1)

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"Infected with the herpes virus (HSV-1 or HSV-2)? We recommend taking [Gene-Eden-VIR](#) or [Novirin](#)." - Greg Bennett, CBCD

It is easy to confuse the symptoms of a genital herpes infection with those of a yeast infection. Because these two conditions share similar symptoms, women may wonder how to tell the difference between them. The difference is relatively simple: "Vaginal herpes itching and burning is usually restricted to one or two specific locations whereas vaginal yeast may cause itching everywhere in the vagina and the vulva. The same thing applies for swelling. Vaginal herpes may cause a lump somewhere in the vulva or vagina but not cause general swelling of the vulva except maybe in very severe first herpes episodes. Vaginal discharge associated with vaginal yeast is usually odorless and white or watery whereas when associated with herpes it can be thick, smelly and yellow. Symptoms vary greatly from woman to woman. Blisters are not very common for vaginal yeast whereas they are part of the normal symptoms of genital herpes. Genital herpes blisters usually turn into sores, then crusts and back into healthy skin within a few days. Blisters and crusts are



not usually associated with candida albicans infections. During a herpes infection, flu like symptoms may appear 24 to 48 hours before any itchiness is perceived especially during the first episode. This is not the case with vaginal yeast infections." (1) The Center for the Biology of Chronic Disease (CBCD) recommends that women with a genital herpes infection take Gene-Eden-VIR or Novirin against the latent virus. The formula of these natural antiviral

Women can click here to learn more about [herpes symptoms](#).

The formula of Gene-Eden-VIR and Novirin was tested by Hanan Polansky and Edan Itzkovitz from the CBCD. The studies showed that the Gene-Eden-VIR and Novirin formula is effective against the herpes simplex virus, and other viruses. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with the HSV ... reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR." (2) The study authors also wrote that, "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (2)

Both products can be ordered online on their websites here.

<http://www.gene-eden-vir.com>

and

<http://www.novirin.com>

Novirin and Gene-Eden-VIR are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses.

To date, Novirin and Gene-Eden-VIR are the only natural antiviral products on the market with published clinical studies that support their claims. Note: Novirin has the same formula as Gene-Eden-VIR. However, it contains higher quality and more expensive ingredients.

"HSV infections are often misdiagnosed as other genital conditions." (3) In other words, even doctors sometimes have a problem identifying whether an individual has a herpes infection or not. Dr. Zane A. Brown, M.D. wrote that "If they have genital itching or 'irritation,' they may self-treat with over-the-counter antifungal medicines and observe improvement in symptoms because the herpes outbreak has run its course." (3) Put simply, a woman may have herpes, but she thinks she has a yeast infection. She then treats herself with an anti-fungal drug, and the symptoms go away. However, the symptoms have gone away because her herpes outbreak has resolved, and not because the anti-fungal drug killed a yeast infection.

"If you have any doubts and blisters start forming you may want to visit your doctor immediately to have a swab test performed. Swab tests are performed locally to detect the presence of herpes in a blister. The sooner you take the test, the better because result accuracy is optimal when samples are obtained before any sores have appeared." (1)

What treatments are available for a herpes infection?

"Two types of antiviral treatments against HSV are available: topical and oral. The treatments include penciclovir, acyclovir, famciclovir, and valaciclovir. However, their effectiveness is limited. For instance, a meta-analysis of five placebo-controlled and two dose comparison studies evaluated the effect of aciclovir, famciclovir or valaciclovir on symptoms. The meta-analysis showed that oral antiviral therapy decreases the duration and the associated pain of an outbreak by merely one day." (2) There are also natural remedies that target the latent HSV. Two of these clinically backed remedies are Novirin and

Gene-Eden-VIR.

In light of the above information, the CBCD recommends that individuals infected with the herpes virus (HSV-1 or HSV-2) take Gene-Eden-VIR or Novirin. These natural antiviral products were designed to help the immune system target the latent virus.

All orders of Gene-Eden-VIR and Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

- (1) Disabled-World.com - "Vaginal Yeast or Vaginal Herpes?"
http://www.disabled-world.com/artman/publish/vaginal_herpes.shtml
- (2) Polansky H, Itzkovitz E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Pharmacology & Pharmacy, 2013, 4, 1-8 <http://dx.doi.org/10.4236/pp.2013.46A001>
- (3) Brown, Z. Management of Genital Herpes: Key Diagnostic and Treatment Principles. July 11, 2006

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