



# Ground Breaking Peripheral Neuropathy Treatment Now Available in the Coachella Valley

RANCHO MIRAGE, CA, USA, May 18, 2015 /EINPresswire.com/ -- Desert Neuropathy & Knee Pain Institute is educating patients about new cutting-edge therapy for [peripheral neuropathy treatment](#). Peripheral neuropathy is a nerve disorder characterized by tingling, numbing and/or tickling sensations in the extremities. Diabetes is a leading cause for peripheral neuropathy; according to research, 60 percent of individuals with diabetes will develop peripheral neuropathy. However, this condition can also affect individuals with autoimmune disorders, tumors, nutritional imbalances and infections. Some cases may also be hereditary. According to Dr. Ron Ristaino, DC, prompt diagnosis and the use of state-of-the-art therapy can help manage pain symptoms by treating the underlying cause.

Peripheral neuropathy affects approximately 20 million Americans, according to the National Institute of Neurological Disorders and Stroke. Damage to the [peripheral nerve system](#) not only causes pain, but also affects the brain's ability to effectively communicate with every part of the body.

Peripheral neuropathy symptoms range from mild tingling and numbness to prickling sensations. While the numbness usually begins in the fingers, it can spread throughout the hands and the feet. As the condition worsens, it may feel like a throbbing or freezing pain sensation.

"Everyone experiences peripheral neuropathy a little differently," says Dr. Ron Ristaino, DC, who specializes in peripheral neuropathy patients at his practice, Desert Neuropathy & Knee Pain Institute in Rancho Mirage, CA.

"For some individuals, the pain may come and go, while for others, the pain may be constant. As the condition worsens, individuals may experience coordination and balance loss, along with a burning, numb or freezing pain, muscle weakness or extreme sensitivity to touch. I urge anyone who may be experiencing these symptoms to seek immediate treatment."

Peripheral neuropathy is associated with both motor nerve damage and [sensory nerve damage](#). Prompt diagnosis and treatment can help minimize the severity of this damage and better manage a patient's symptoms, according to Dr. Ristaino.

"Our cutting-edge treatment for peripheral neuropathy is extremely effective because it targets the root cause for a patient's pain symptoms; we do not simply rely on medication to numb this pain," said Dr. Ristaino. "While many patients have been prescribed gabapentin, neurontin, lyrica or other pain relieving medications and told to "live with it", there is hope!"

Dr. Ristaino stressed that peripheral neuropathy pain symptoms are a critical indicator of a very serious and often life-threatening problem and should not be ignored. A diagnostic nerve severity exam can help determine the root cause for a patient's pain and the severity of the nerve damage a patient has incurred. This will dictate which and how much care is needed.

"Treatment programs that cover up the symptoms are ignoring the bigger problem," said Dr. Ristaino. "At our clinic, we follow a 'whole body' approach to treatment, which means we start by addressing

the underlying trigger for a patient's pain. Our mission is to stop this terrible progressive condition and help our patients enjoy life again."

In addition to peripheral neuropathy treatment, Desert Neuropathy & Knee Pain Institute provides comprehensive treatment of chronic knee and arthritic conditions. To learn more about these services or to schedule an appointment with Dr. Ristaino, visit [www.DesertPainFree.com](http://www.DesertPainFree.com).  
Desert Neuropathy & Knee Pain Institute, 760-346-2950.

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