

Herpes Zoster Virus Can Cause Outbreaks in the Eye; The CBCD Reviews the Medical Evidence

When the varicella zoster virus (VZV) reactivates causing shingles, "Ocular involvement occurs in 20–70% of patients with herpes zoster ophthalmicus. (1)

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"Infected with the varicella zoster virus (VZV), which causes shingles? The Center for the Biology of Chronic Disease (CBCD) recommends taking [Gene-Eden-VIR](#) or [Novirin](#) against the latent virus." - Greg Bennett, CBCD

The varicella zoster virus (VZV) is a herpes virus, which causes both chickenpox and shingles. The virus is also called herpes zoster. The VZV can cause vision loss if it reactivates and attacks the eye. This condition is known as herpes zoster ophthalmicus. "Herpes zoster ophthalmicus is a reactivation of a varicella-zoster virus infection involving the eye. Symptoms and signs, which may be intense, include dermatomal (an area of skin supplied by only one spinal nerve) forehead rash and painful inflammation of all the tissues of the anterior and, rarely, posterior structures of the eye." (2) When a shingles outbreak occurs in this region of the body, "a prodrome (an early symptom or set of symptoms) of tingling of the forehead may occur. During acute disease, in addition to the painful forehead rash, symptoms and signs may include severe ocular (eye) pain; marked eyelid edema (an abnormal accumulation of fluid in the eyelid); conjunctival (pertaining to the clear moist membrane that covers the inner surfaces of the eyelids), episcleral (a thin membrane that covers the white of the eye), and circumcorneal conjunctival hyperemia (an engorgement of blood vessels in the eye); corneal edema (abnormal accumulation of fluid in the cornea); and photophobia (abnormal intolerance to



The CBCD points out that a reactivation of the varicella zoster virus happens whenever immunity to VZV declines as a result of aging or immunosuppression (a damaged immune system). “Herpes Zoster will happen at any age yet commonly affects the elderly population.” (2) The CBCD points out that when the immune system is damaged, a latent virus, such as VZV, can increase in number, causing shingles in the eye and elsewhere.

Additionally, in up to 31% of those with HZO, the virus causes paralysis in muscles outside of the eye. Dr. Chaker and colleagues wrote in a study that herpes zoster can actually cause muscles of the face, outside the eye, to become paralyzed. This kind of paralysis usually appears 2 - 4 weeks after the rash, but sometimes a person's facial muscles can be paralyzed at the same time a rash appears. Sometimes, the paralysis can happen up to a month later! (3) Dr. Chaker and colleagues are part of the Faculty of Medicine of Tunis at the University of El Manar in Tunisia.

Click to learn more about the [latent VZV](#).

The CDC notes that “Nearly 1 out of every 3 people in the United States will develop shingles in their lifetime. Anyone who has had chickenpox or received chickenpox vaccine in the past may develop shingles.” (4)

The CBCD recommends that people who have had chickenpox in the past take Gene-Eden-VIR or Novirin. The formula of these natural antiviral products was tested by Hanan Polansky and Edan Itzkovitz from the CBCD in two clinical studies that followed FDA guidelines. The studies showed that the formula is effective against herpes viruses (like VZV), and other viruses. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, “individuals infected with a (latent virus) ... reported a safe decrease in their symptoms following treatment with (the Novirin formula).” (5) The study authors also wrote that, “we observed a statistically significant decrease in the severity, duration, and frequency of symptoms.” (5)

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses.

To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims. Note: Novirin has the same formula as Gene-Eden-VIR. However, it contains higher quality and more expensive ingredients.

Are there effective treatments against the VZV?

WebMD says that, “several antiviral medicines-acyclovir, valacyclovir, and famciclovir-are available to treat shingles. These medicines will help shorten the length and severity of the illness. But to be effective, they must be started as soon as possible after the rash appears. Thus, people who have or think they might have shingles should call their healthcare provider as soon as possible to discuss treatment options. Analgesics (pain medicine) may help relieve the pain caused by shingles. Wet compresses, calamine lotion, and colloidal oatmeal baths may help relieve some of the itching.” (6) The CBCD reminds the public that there are also the safe and effective anti-VZV remedies, Gene-Eden-VIR and Novirin.

Both products can be ordered through their websites here:

<http://www.gene-eden-vir.com>

and

<http://www.novirin.com>

All orders of these products are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

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