

Anny Tenbult of Power Focused Coaching to be Featured on CUTV News Radio

OTTAWA, ONTARIO, CANADA, May 25, 2015 /EINPresswire.com/ -- Anny Tenbult is an executive coach and the founder of Power Focus Coaching where she assists individuals and small businesses in reaching their potential. Through her individualized coaching, seminars, workshops and keynotes, Anny provides her clients with proven, successful and concrete tools and skills to dramatically enhance the overall quality of their personal and business life.

“Anyone who does well in life is always looking to do better,” says Anny. “So anyone who sees me is someone who is interested in personal development, interested in bettering themselves.”

The people Anny works with are people who are responsible for other people: managers who want to move to the next level; small business owners who want to improve their productivity; even the CEO or president of a midsize corporation.

No matter who you are, everyone has areas where they lack confidence. By asking knowledgeable and creative questions, Anny encourages, motivates and inspires her clients to celebrate their own self-worth and develop more meaning and balance in all aspects of

their lives. This will allow them to gain insight into the challenges and strengths of their business, so they can focus on their priorities and plan Specific, Measurable, Achievable, Realistic and Time-based (S.M.A.R.T.) goals.

“

Anyone who sees me is someone who is interested in



“The thing I do as a coach that’s a lot different from other coaching is I teach managers how to coach themselves and in some cases how to coach others,” says Anny. “By understanding their own behavior and how to communicate with others they will learn to lead. They will learn how to be an owner, a boss and a coach. I don’t have the answers. They

do. And I'm pretty tenacious. I'll keep digging."

In session, Anny will often utilize Power Coaching tools with Mind-Kinetics, which seeks to address the root cause of our weaknesses at the fundamental level: the subconscious.

"The majority of our information is stored in the subconscious. When you can open up that subconscious and gain an understanding or awareness of your issue," explains Anny. "Through Mind-Kinetics, we alternate between left brain and right brain questions to access different parts of our subconscious, allowing us to problem solve easier. It helps you to be more innovative and creative.

"I've used this in corporations and government offices and one-on-one. I do not get bored with coaching. There's always something new and innovative. I just see the benefit for people."

CUTV News Radio will feature Anny Tenbult in an interview with Jim Masters on May 27th at 10am EST.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio/2015/05/27/cutv-news-radio-spotlights-anny-tenbult-of-power-focus-coaching>

If you have a question for our guest, call (347) 996-3389.

For more information on Power Focus Coaching, visit <http://www.powerfocuscoaching.com>

Lou Ceparano
CUTV News
(631) 850-3314
email us here

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases.

© 1995-2015 IPD Group, Inc. All Right Reserved.

bettering themselves.

Anny Tenbult