

Educate and Empower Kids Releases Revolutionary Healthy Sexuality Books on Amazon Kindle

Having “the talks” with your kids just got more convenient!

ALBUQUERQUE, NEW MEXICO, USA, May 27, 2015 /EINPresswire.com/ -- Educate and Empower Kids announced this morning Amazon Kindle’s release of their 30 Days of Sex Talks book series. The books, which were first released in paperback in January, aim to help parents start positive and continuous conversations with their children about sex and intimacy. Although the books are titled 30 Days of Sex Talks, Empowering Your Child with Knowledge of Sexual Intimacy, the books cover so much more than just the birds and the bees!

The books are broken up into specific age groups (3-7, 8-11, 12+) and provide simple sample dialogue and conversation starters about topics like: play, predators, and anatomy to begin a child’s sexual education. The books help parents progress through the tween ages with body image, self-worth and media literacy and culminate with the teenage years addressing subjects like sexting, relationships and consent.

Educate and Empower Kids suggests that the groundwork for comfortable sexual discussion must begin as early as age three, where age appropriate discussions can

begin and lay the groundwork for a positive and communicative relationship between parents and children.

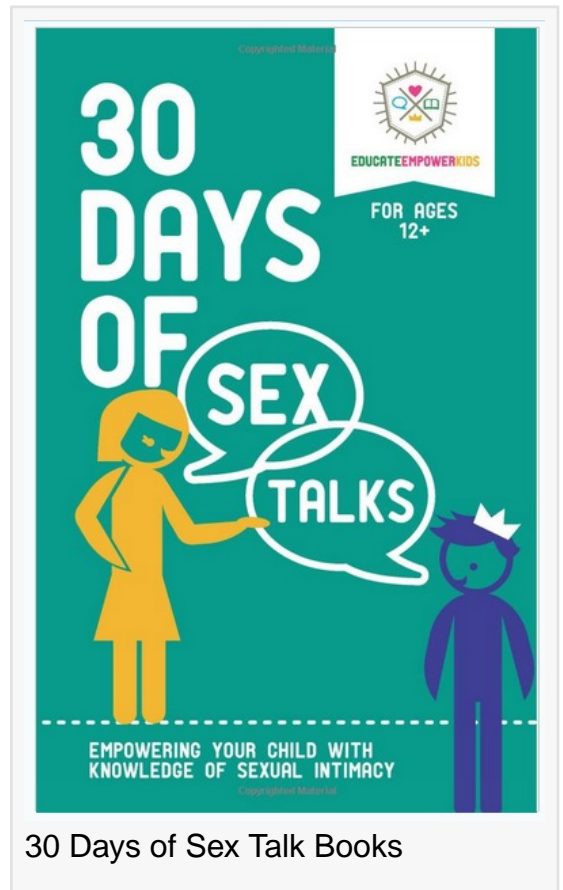
“With cell phones and tablets at the fingertips of so many young children, we can no longer wait for our kids to ask us about sex. We must begin those conversations and be the first, best source of information for our children,” said Dina Alexander, Board President of Educate and Empower Kids. “If you aren’t talking to your kids about sex, someone else is. And those other sources could simply be friends, but they could also be predators or the porn industry.”

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Educate and Empower Kids was founded in March 2014 and has since has been working diligently toward making progress in the sexual health, pro-intimacy and healthy body image



movements. The organization hopes to further these causes in the coming year with additional 30 Days series.

Find all of the [books available on Amazon](#).

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If you would like more information about this topic, please contact Amanda Grossman-Scott at 570-898-3394 or email at info@educateempowerkids.org.

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