

## Intermountain Healthcare physician named President of the American College of Sports Medicine

Election marks second female physician president of the organization

SALT LAKE CITY, UTAH, USA, June 2, 2015 /EINPresswire.com/ -- Elizabeth Joy, MD, MPH, of <a href="Intermountain Healthcare">Intermountain Healthcare</a>, has been elected President of the American College of Sports Medicine for a three-year term. The term begins in June 2015 as president elect, and then moves to the full president position from June 2016 through June 2017, followed by an additional year as past president.

"I'm thrilled with this opportunity to lead ACSM, the largest sports medicine organization in the world, with over 50,000 members and certified professionals," said Dr. Joy, upon learning of her election. "The leadership team at ACSM is exceptional, and I am fortunate to be surrounded by many smart, dedicated and innovative physicians, scientists and leaders. This will be a great experience for me, and I trust a positive one for Intermountain Healthcare and our community."

Dr. Joy will be only the second female physician President of the organization, and the first Family Medicine female President.

Dr. Joy is the Medical Director for Clinical Outcomes Research at Intermountain Healthcare in Salt Lake City. In addition, Dr. Joy practices Family Medicine and Sports Medicine at the Salt Lake Clinic LiVe Well Center. She is an Adjunct Professor at the University of Utah in the Department of Family and Preventive Medicine. She completed a Family Medicine Residency and Primary Care Sports Medicine Fellowship at Hennepin County Medical Center in Minneapolis, Minnesota. She completed her Master's Degree in Public Health at the University of Utah. Dr. Joy served as Vice President for the American College of Sports Medicine (ACSM), and has held two terms of office on the Board of Trustees for the American Medical Society for Sports Medicine. She is on the Editorial Board for The Clinical Journal of Sports Medicine, and is Associate Editor for Current Sports Medicine Reports. She serves on the Exercise Is Medicine Steering Committee for the ACSM, and chairs the EIM Clinical Practice Committee. She developed and directed the Primary Care Sports Medicine Fellowship Program at the University of Utah from 1998 until 2010. She has authored many journal articles and textbook chapters on a wide variety of topics in sports and exercise medicine. Her research and advocacy interests lie in the areas of physical activity assessment and promotion, the Female Athlete Triad, sports injury prevention, and diabetes prevention.

## About Intermountain Healthcare

Intermountain Healthcare is a Utah-based, not-for-profit system of 22 hospitals, 185 clinics, a Medical Group with some 1,300 employed physicians, a health plans division called SelectHealth, and other health services. Helping people live the healthiest lives possible, Intermountain is widely recognized as a leader in transforming healthcare through high quality and sustainable costs. For more information about Intermountain, visit <a href="https://www.intermountainhealthcare.org">www.intermountainhealthcare.org</a>.

About the American College of Sports Medicine

ACSM is the largest sports medicine and exercise science organization in the world. With more than 50,000 members and certified professionals worldwide, ACSM is dedicated to advancing and integrating scientific research to provide educational and practical applications of exercise science and sports medicine. More at <a href="http://www.acsm.org">http://www.acsm.org</a>.

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