

Penelope Gnesin to be Featured on CUTV News Radio

ASBURY PARK, NEW JERSEY, USA, June 8, 2015 /EINPresswire.com/ -- Everyone experiences the pleasures of joy and the pains of physical or mental sorrow at one point or another. How we carry these experiences can have an enormous impact on our future. When hope is at an all-time low, it's important to remember that you are not alone. With over 28 years of experience, Penelope Gnesin has devoted her career to healing and helping people live the life that they truly want.

Suffering from endometriosis, Penelope was able to heal herself using the healing art of Reiki. She went on to become the first Reiki Master in the state of New Jersey. Since the mid 1980s, Penelope has sought to help people overcome a wide variety of health obstacles and enrich their daily lives.

The modalities and techniques that Penelope has studied and incorporates into her work include Energy Medicine/Psychology, Emotional Freedom Technique (EFT), Cranial-Sacral Therapy, Acupressure and she has recently earned certification in Dream Builder

Transformational Life Coaching. Penelope has even developed her own Chakra Release Therapy and Migraine Release Technique.

Penelope is able to help people struggling with health, pain, trauma, relationships and career, to name a few. Penelope's zest for life, her hunger for knowledge and ability to learn the latest methods of care are all true signs of her devotion to her craft.

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Penelope Gnesin

“We all deserve to live the lives we want to lead. Emotional and physical pain can be a heavy burden. I work with people to release the burden and move forward with their lives,” says Gnesin.

Penelope is extremely excited to add Dream Builder

Transformational Life Coach to her repertoire as it combines many of the laws she has previously received training in. “Together, we determine what you want your life to look like and together we work to make the necessary changes. Where we end up after the sessions is incredible. It rejuvenates your life. That's why I love what I do.”



CUTV News Radio will feature Penelope Gnesin in an interview with Jim Masters on Wednesday, June 10th at 11am EST.

Listen to the show at <http://www.blogtalkradio.com/closeuptalkradio/2015/06/10/cutv-news-radio-spotlights-penelope-gnesin-1>

Listeners are encouraged to dial-in at (347) 996-3389

For more information about Penelope Gnesin visit <http://www.pennyhealing.com>

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