

Dr. Christopher Kawa Discusses Why Chiropractic Care Helps Children Feel and Function Better

Dr. Christopher Kawa, DC on the importance and health benefits of seeking chiropractic care for children at an early age.

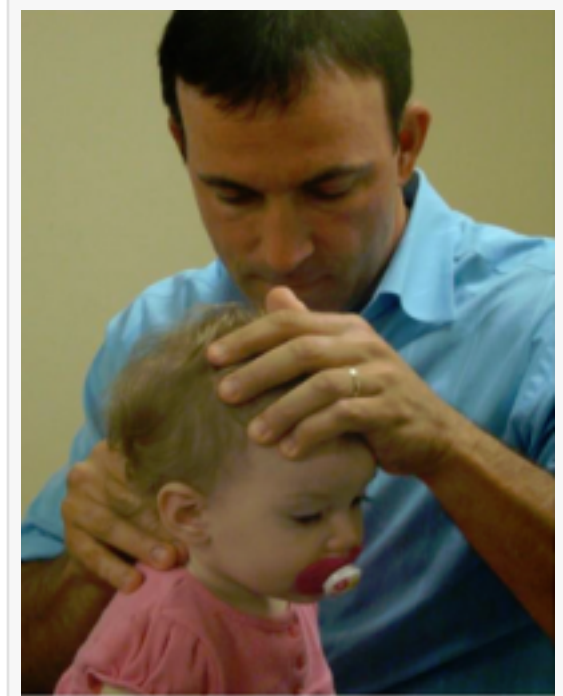
BRICK, NEW JERSEY, USA, June 16, 2015 /EINPresswire.com/ -- One [Jersey Shore chiropractor](#) has made it his mission to educate parents on the importance of providing chiropractic care for their children. Dr. Christopher Kawa, DC, has found multiple benefits to adjusting children starting at an early age over the past 23 years of [his practice](#).

There have been strong correlations found between symptoms of pain, illness, immune malfunction, and even chronic infections and allergies in children, and misalignment of the pelvis and lower back vertebrae. Chiropractic care is crucial throughout life to avoid spinal cord damage, and promote healthy nerve supply. Age doesn't make a difference when it comes to functioning well and feeling well.

Yet one of the biggest problems Dr. Kawa faces is the stigma around chiropractic care. "I always say that the chiropractic profession is the most misunderstood of all," he explains. "There's no better evidence of this when you mention having a child examined... 'Why would a child need a chiropractor if they don't have back pain?', most people say."

Dr. Kawa reports that the truth is in the healing powers of chiropractic. Everyone young or old will function better, feel better, and perform better at everything when all the joints in the spinal column are moving properly, are balanced, and when there is good nerve supply. If we begin to fix these problems at an early age, they won't manifest into larger problems during adult years.

"Suffice to say, if there's one thing that I've come to know as an absolute in the 23 years since I started practicing chiropractic, is that those children who get regular adjustments are healthier than those who don't. I would even venture to guess that every one of the parents in my practice who bring their kids in would agree with me," reports Dr. Kawa.



Dr. Christopher Kawa adjusts the neck of a toddler he's been seeing since she was a newborn.

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