

# Can Your Diet Boost Your Immune System?; The CBCD Reviews a Report

*Scientists have long recognized that people who are malnourished are more vulnerable to infectious diseases. (1)*

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"Infected with a latent virus? The CBCD, which conducted two separate post-marketing clinical studies on the natural, antiviral formula of [Gene-Eden-VIR](#) and [Novirin](#), recommends taking one of these effective remedies to help the immune system target viruses in a latent state." - Greg Bennett, CBCD

A person's diet has an effect on the immune system. According to Harvard University, "Researchers are investigating the immune boosting potential of a number of different nutrients ... (and) ... like any fighting force, the immune system army marches on its stomach." (1) Importantly, the Harvard researchers wrote that "if you suspect your diet is not providing you with all your micronutrient needs - maybe you don't like vegetables or you choose white bread over whole grains - taking a daily multivitamin and mineral supplement brings health benefits of many types, beyond any possibly beneficial effects on the immune system." (1) The Center for the Biology of Chronic Disease (CBCD) recommends supplementing a healthy diet with Gene-Eden-VIR or Novirin. These natural antiviral supplements have a formula that was designed to help the immune system target viruses in a latent state.

Click to learn more about [latent viruses](#).



The formula of Gene-Eden-VIR and Novirin was tested by Hanan Polansky and Edan Itzkovitz from the CBCD in two clinical studies that followed FDA guidelines. The studies

viruses, such as HPV, HSV-1 and HSV-2, the Epstein Barr virus, the human cytomegalovirus, and hepatitis B and C. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with the HPV...reported a safe decrease in their symptoms following treatment." (3) The study authors also wrote that "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (3)

Gene-Eden-VIR and Novirin can be ordered through their respective websites, here:

<http://www.gene-eden-vir.com>

and

<http://www.novirin.com>

Novirin is a natural antiviral dietary supplement. Its formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses. To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims.

The Harvard researchers wrote that "Everyone's immune system is unique. Each person's physiology responds to active substances differently. So if your grandmother says she's been using an herbal preparation for years that protects her from illness, who's to say that it doesn't?" (1) The CBCD points out that when it comes to Gene-Eden-VIR or Novirin, you don't have to trust to someone's opinion.

Interested individuals can read the actual clinical test results on the formula of these natural products, which were published in peer reviewed medical journals, here:

Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study

<http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101#.VZEg1Pmqgko>

Gene-Eden-VIR Decreased Physical and Mental Fatigue in a Post Marketing Clinical Study That Followed FDA Guidelines; Results Support Microcompetition Theory

<http://www.scirp.org/journal/PaperInformation.aspx?PaperID=44234#.VZEghfmqgko>

"At the CBCD, we believe in a positive blend of alternative and Western medicines. We urge the public to consider taking Gene-Eden-VIR or Novirin to help their immune system target latent viruses." – Greg Bennett, CBCD

All orders of Gene-Eden-VIR or Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

References:

(1) Harvard Health Publications - Harvard Medical School - "How to Boost Your Immune System"  
<http://www.health.harvard.edu/>

(2) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study.  
Published in September  
2013.<http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101#.VNsjjuaUf90>

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