

# Experience the New Mediterranean Flair with SpaDreams Vacations

*Wellbeing in all European Health Spas:  
The natural source of Wellness with  
Health Spas in Europe.*

HAMBURG, ALTONA, GERMANY, June 30, 2015 /EINPresswire.com/ -- Frankfurt, June 30th, 2015. The Slovenian natural health resorts, thermal spas and wellness centres are for the holiday scene in the original sense. They are the result of centuries of tradition and experience, coupled with the findings of modern & effective medicines and treatments. In addition, they are regarded as top destinations for sports activities, quality entertainment, culinary delights and quality accommodation. This also provides the 5\* luxury grand hotel Portorož placed in the popular bay of Piran. SpaDreams guests can spend an eight-day Health Thermal stay, and benefit from a attractive offer: stay for 7 nights & pay for only 6 nights: enjoy this for an amazing 445 euro per person including a Health program.

The northern part of the Slovenian Adriatic [Mediterranean](#) wind: Just steps away from your own "Meduza" beach, right on the coast road, the exclusive wellness resort greets its guests. For recreation seekers nothing is missing because of wellness, spa and health areas something for every taste. Whether in the Terme & Wellness LifeClass Portorož, an anti-aging clinic, set to the highest standards, in the Thermal & Recreational Centre with a rare ancient

sea-bathing area, or in the fitness centre, led by a team of experts, here the guest can sit back and relax. The effect of the natural treasures can be discovered in the herbal and salt saunas, as well as in the ice cave in the sauna park. In the Hungary Thalassotherapy centre they let in salt pans mud applications and algae body wraps spoil. In the Shaki-Ayurveda Centre, a choice of Indian Ayurvedic doctors with qualified therapists interdisciplinary works, or in Wai Thai temple there is no other place for wellness lovers with an all-round feel-good package actually means.



**SpaDreams**  
*Health  
& Wellness*



Who booked the thermal and wellness stay, enjoy free access to the Thermal & Recreational Centres, workout with the high-quality equipment in the fitness facility all alternatively have soothing relaxation moments in the Thermo mineral- and seawater pool area. Players hearts beat in Casino Portorož Casino Riviera, the entry is already included in the booking price. The resort let the tourists hang on our own private beach. Wi-Fi can be used without restriction.

Indulge in the hotel's restaurant. Mornings they serve a rich breakfast for the necessary strengthening for the day; the evening to serve gourmet on versatile buffet or eat à la carte. Gladly conjure the chef on request, vegetarian, lactose-free and gluten-free or reduced fat. An Ayurvedic diet, aligned with the principles of traditional Indian healing art, seasoned with Mediterranean ingredients, they are also happy to prepare!

Check out all other Health Spas in Europe, with some locations having over 25% discount savings:

<https://www.spadreams.com/health-spa-in-europe/>

## About SpaDreams

SpaDreams is the international brand of FIT Reisen, the largest tour operator specialised in Health and Wellness travel, with corporate headquarters in Frankfurt-am-Main. With its high quality, diverse range, good value for money and personalised service, FIT Reisen has not only established itself as the market leader in this segment, but was also voted the most innovative Health tourism organiser in 2014.

For almost 40 years, FIT Reisen has been known for the combination of healthy holidays with attractive beauty, fitness and leisure offers. Today, FIT Reisen and SpaDreams offer more than 3,500 different spa, health, beauty, Ayurveda, Yoga and spa trips for your perfect dream holiday; with more than 500 hotels and more than 220 destinations in more than 40 countries & 10 different languages.

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