

E-Cigarettes Damage the Immune System; The CBCD Reviews a Medical Report

Smoking E-cigarettes worsen the damaging effects of a viral infection. (1)

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"Infected with the herpes virus (HSV-1, or HSV-2)? The CBCD recommends taking [Gene-Eden-VIR](#) or [Novirin](#) against the latent herpes virus." - Greg Bennett, CBCD

A study has shown that E-cigarettes damage the immune system. The smoke from E-cigarettes left mice more vulnerable to infection with bacteria and viruses. The study from Johns Hopkins University "divided mice into two groups and exposed one group to vapour from e-cigarettes for two weeks, it found that the mice in the exposed group were not as good at clearing the bacteria from their lungs. As a result, the viral infection led to them losing increasing amounts of weight, which in some cases killed the mice. This was because they had a compromised immune system and could not fight off the infection." (1) Another study showed that "E-cigarettes compromise the immune system in the lungs and generate some of the same potentially dangerous chemicals found in traditional nicotine cigarettes." (2) Senior author, Shyam Biswal wrote that "our findings suggest that e-cigarettes are not neutral in terms of the effects on the lungs. We have observed that they increase the susceptibility to respiratory infections in the mouse models. This warrants further study in susceptible individuals, such as COPD patients who have switched from cigarettes to e-cigarettes, or to new users of e-cigarettes who may have never used cigarettes." (2) Dr. Biswal is a professor in the Department of Environmental Health Sciences at the Bloomberg School.



Additionally, "E-cigarettes are an emerging public health concern as they gain popularity among current and former

teenagers. The perception that e-cigarettes pose little health risk is so entrenched that some smokers are switching from cigarettes to e-cigarettes.” (2)

This research adds e-cigarettes to a long list of things that damage the immune system. This is important since a damaged immune system is less efficient in controlling the number of latent viruses. An increase in the number of latent viruses, and sometimes their reactivation can lead to a major disease. This is exactly what happens with the herpes virus. After an initial infection, it establishes a life-long latent infection, and can reactivate, causing a painful outbreak whenever the immune system is weakened. “For most, a sore appears, heals and is forgotten, although the virus remains latent just waiting for the right circumstances to come back.” (3) The CBCD recommends that individuals infected with the herpes virus, and who smoke either traditional or E-cigarettes take Gene-Eden-VIR or Novirin to help maintain the health of their immune system. The formula of this natural herpes remedy was found to safely and effectively reduce HSV symptoms in two separate post-marketing clinical studies that followed FDA guidelines.

Learn more about [herpes symptoms](#).

The formula of Gene-Eden-VIR and Novirin was tested by Hanan Polansky and Edan Itzkovitz from the CBCD in two clinical studies that followed FDA guidelines. The studies showed that the Novirin formula is effective against the herpes simplex family of viruses, which includes VZV. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, “individuals infected with the (HSV-1) ... reported a safe decrease in their symptoms following treatment...” (4) The study authors also wrote that, “we observed a statistically significant decrease in the severity, duration, and frequency of symptoms.” (4)

Gene-Eden-VIR and Novirin can be ordered online through their respective websites, here:

<http://www.gene-eden-vir.com>

and

<http://www.novirin.com>

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinesis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses.

To date, Novirin is the only natural antiviral product on the market with published clinical studies that support its claims. Note: Novirin has the same formula as Gene-Eden-VIR. However, it contains higher quality and more expensive ingredients.

“As part of their study, the researchers also determined that e-cigarette vapor contains “free radicals,” known toxins found in cigarette smoke and air pollution. Free radicals are highly reactive agents that can damage DNA or other molecules within cells, resulting in cell death. Cigarette smoke contains 1014 free radicals per puff.” (2)

“The U.S. Food and Drug Administration announced that it was going to begin regulating e-cigarettes. E-cigarette sales are projected to overtake cigarette sales in the next decade, and teen use of e-cigarettes outpaces cigarette use, according to a recent survey released by the National Institute on

Drug Abuse.” (2)

The CBCD recommends that individuals stop smoking, regardless of the type of cigarette used. In addition, the CBCD recommends helping to maintain the health of the immune system by taking Gene-Eden-VIR or Novirin. The formula of these natural antivirals was designed to help the immune system safely and effectively target the latent HSV.

What other treatments are currently available for herpes infections?

“Two types of antiviral treatments against HSV are available: topical and oral. The treatments include penciclovir, acyclovir, famciclovir, and valaciclovir. However, their effectiveness is limited. For instance, a meta-analysis of five placebo-controlled and two dose comparison studies evaluated the effect of aciclovir, famciclovir or valaciclovir on symptoms. The meta-analysis showed that oral antiviral therapy decreases the duration and the associated pain of an outbreak by merely one day.” (4). There are also the natural supplements Gene-Eden-VIR and Novirin, which have a formula that was designed to help the immune system target the herpes virus when it is in a latent form.

All orders of Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

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(4) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013.
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