



Powerful book shows how to discover your purpose through dreams

Learn the seven-steps to discover your purpose through dreams

LONDON , UNITED KINGDOM , July 8, 2015 /EINPresswire.com/ -- Dream is a subject that is of great interest to all of us because it is something we all do. Blessing Theophilus-Israel, the Spiritual Life Coach, offers a free book that demonstrates through the story of Joseph from the Bible that just like Joseph our dreams are connected to our purpose. She offers practical and insightful lessons from this illuminating story which we can all apply to our own lives.

She then examines Daniel and his ability to interpret dreams and remind us that no matter how obscure the dream is, or even if you cannot remember it, there is a God in heaven who reveals secrets, and can explain the meaning of the dream.

The author then shows us practical ways in which you can interpret your dreams through seven simple steps. She shares her own intriguing story of how she came to discover her purpose through dreams.

She offers practical steps you can take to help you remember your dreams for those who do not remember their dreams, and she considers nightmares to see how it can link to purpose and finally she shows you what to do when you experience nightmares.

"I myself discovered my purpose in life through dreams and so felt both inspired and compelled to write this book. I truly believe that you will be blessed as you read this book to discover the reason why you were born and how dreams can be the key to unlocking that purpose.

If you will take the steps outlined you will be on a path to discover the reason why you were born and what you have been created to do".

Blessing is passionate about purpose and desires to see everyone fulfil their purpose and reach their full potential. Blessing regularly delivers seminars on 'How to discover your purpose' as well as 'Goal Setting Workshops' in schools, colleges, youth clubs, Churches, prisons and hospitals. Blessing offers Spiritual Life Coaching to people who want to discover their purpose and reach their full potential.

Find out more at www.blessingcoaching.com

-ENDS-

Contact: phone: +44(0)7984616693 | email info@blessingcoaching.com | www.blessingcoaching.com

Blessing Theophilus-Israel
Blessing Coaching
+44(0)7984616693
email us here

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the

company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases.

© 1995-2015 IPD Group, Inc. All Right Reserved.