

Tree of Life Center US Encourages Consumers to Say “No” to GMOs and Grow Their Own Food

6-Day Organic Garden Workshop

PHOENIX, ARIZONA, UNITED STATES, July 9, 2015 /EINPresswire.com/ -- In response to the widespread increase of genetically modified foods in our stores, the Tree of Life Center US announced today the introduction of its Conscious Gardening Program, a six-day sustainable veganic gardening program designed to educate and empower participants to grow their own organic food free of harmful radiation, pesticides, herbicides and GMOs.

The six-day introductory program presents a truly remarkable distillation of the very latest research and production experience with organic techniques for home food production. Topics covered include veganic agriculture, nature farming, spiritual gardening principles, and the use of various garden structures such as domes, greenhouses, and tunnels to produce high-nutrient, high-vibrancy organic food year-round.



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"The only way today we can guarantee our foods are not pesticided, irradiated, herbicided, or GMO is to grow our own food."

Dr. Gabriel Cousens

Program instructors are experienced educators, farmers and gardeners who provide participants with an effective balance of theory and practice on methods, use of tools and equipment, and garden planning and problem solving. Participants are encouraged to bring their garden maps, photos and plans to receive expert assistance to get started on creating a customized plan for their home garden.

The Conscious Gardening Program includes a complete immersion into holistic living. Lodging, 100% organic, raw

vegan meals, yoga or qigong, evening spiritual programs, chlorine-free swimming pool, infrared saunas, hot tubs, Chartres labyrinth and hiking trails are all included with the program. Tree of Life Wellness Spa services are also available for an added charge.

The Tree of Life Center US is located in the picturesque high-desert mountains of Southern Arizona. The expansive night skies, closeness to nature, and internationally renowned “Rainbow Green Live-Food Cuisine” prepared by Tree of Life Chefs inspire a profound experience of education and renewal.

More information about this program is available at: <http://www.garden-workshop.com>.

About Tree of Life Center US

The Tree of Life Center US is the world's leading spiritual, raw vegan retreat center. It was founded in 1993 to promote spiritual awakening and to support an inspiring, healthy and "alive" lifestyle through education and first-hand experience. The Tree of Life Center US serves as an oasis for the realization of whole-person, whole-planet healing. It is a place where people of all ages, nationalities, and religious and spiritual paths come to experience physical, mental, emotional and spiritual renewal and well being.

Richard Krug
Tree of Life Center US
520-394-2520 X1
[email us here](#)

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