

Ashira Young of Healing Pathways to be Featured on CUTV News Radio

MILLTOWN, INDIANA, USA, July 14, 2015 /EINPresswire.com/ -- The body is designed to heal itself, but emotional blocks prevent it from doing so.

“Our subconscious holds all the answers to why we’re sick but few people know this,” says Ashira Young. “It is the repository of all experiences and thoughts. Accessing that critical information is the key to healing mental, physical, and spiritual infirmities.”

Ashira Young is a licensed social worker, spiritual counselor and founder of Healing Pathways specializing in energy medicine and energy psychology. She is also the author of *5-Second Genius – Access Your Inner Wisdom in a Flash*.

“I want to show people that they are a lot more powerful than they realize,” says Ashira. “Each person can discover critical information they hold within themselves. They can find the answers to the root causes for ill health. How do we go about accessing it and utilizing it for our own health and welfare?”

Through a mechanism known as applied kinesiology, or muscle testing, Ashira taps into the subconscious to find the underlying emotions trapped energetically within the body causing pain or illness. She then uses magnets to clear those energetic blocks.

According to Ashira, when people experience physical or emotional illness, the cause is an energy imbalance. Specific emotions get trapped in specific areas of the body which, if not cleared, produce pain, disease, or general malaise.

“I have always been fascinated with why people do not heal. It has been a long journey of discovery and learning effective healing techniques that ease the process of healing. Since everything is comprised of energy including disease, correcting the imbalances in a non-invasive way allows the body to heal” says Ashira. “Western medicine



has its place, but its platform is to slice, dice, and over-medicate people. Integrating the best Western medicine has to offer with alternative techniques seems to be a more balanced approach to achieve and maintain optimal health.

“Alternative healing has always been my calling even though it has been outside the norm of conventional thinking for decades. When I first began my journey nearly 40 ago, people were not inclined to consider the merits of alternative health practices, but now holistic healing is fast becoming the new paradigm. People are much more open investigating alternative ways to heal that are less invasive, painful or addicting.”

CUTV News Radio will feature Ashira Young in an interview with Doug Llewelyn on July 16th at 11am EST.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio/2015/07/16/cutv-news-radio-spotlights-ashira-young-of-healing-pathways>

If you have a question for our guest, call (347) 996-3389.

For more information on Healing Pathways, visit <http://www.yourhealingpathway.com>

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