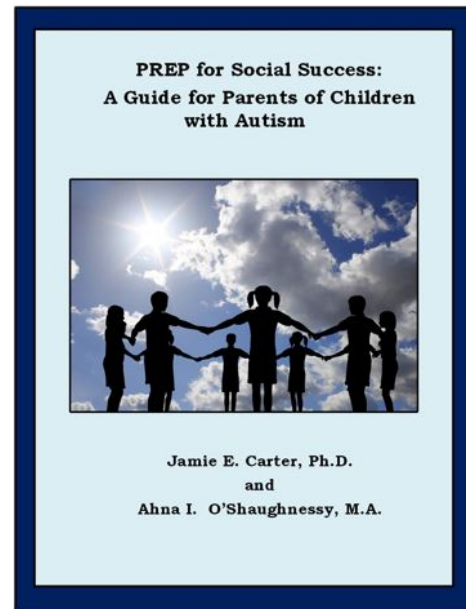


Author Interviewed About How Her Book Can Help Parents Teach Social Skills to Children with Autism

Jamie E. Carter, Ph.D. was recently interviewed by Special Needs Book Review about PREP for Social Success: A Guide for Parents of Children with Autism.

FREDERICK, MD, U.S., July 16, 2015 /EINPresswire.com/ -- Jamie E. Carter, Ph.D. is the coauthor of PREP for Social Success: A Guide for Parents of Children with Autism. She was recently interviewed by Special Needs Book Review regarding a wide range of topics including her reason for writing the book as well as how social skills affect the ability of youth with autism to transition to college or the workforce. She also discussed techniques for teaching emotion management to improve social functioning. She described the PREP program as follows: "We wanted to provide parents with an easy to remember acronym that could be applied in a number of situations and came up with PREP which stands for PLAN, REHEARSE, ENCOURAGE, PRAISE. The PLAN step



involves planning for the situation while taking into account your child's unique characteristics. The REHEARSE stage involves practicing a skill with your child using a variety of techniques such as role playing, watching a DVD, or using a social story. ENCOURAGE involves helping your child to view him or herself as being able to be successful in the situation by giving reminders about the skills that you have REHEARSED. PRAISE involves giving your child specific verbal praise, a high five or a small treat or object of some kind for successful implementation of the skill you have been working on. We provide a range of options for each step that the parents can choose from based on the child's age, level of functioning, and interests."

Carter emphasized the need to begin working on social skills at a young age and for parents to collaborate with teachers to address these skills. By starting with simple skills at a young age, parents can provide a base on which to build more advanced skills as the child grows. This will help with adjustment to school, group activities and later to work settings.

The authors of the book have a combined fifty years of experience in treating children and adults. Jamie Carter has a Ph.D. in Clinical Psychology and Ahna Kimmel has an M.A. in Counseling Psychology. They can be reached at prepforsocialsuccess@gmail.com.

The book is available exclusively as an Amazon Kindle book at <http://amzn.com/B00WQANRI4>

Ahna O'Shaughnessy
PREP for Social Success
301-305-1041
email us here

This press release can be viewed online at: <http://www.einpresswire.com>

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases.

© 1995-2015 IPD Group, Inc. All Right Reserved.