

New Bestseller Is Just What The Doctor Ordered In Helping Patients With End-Of-Life Planning

This Guide will prove invaluable to both Doctors and Patients when a patient learns they have a terminal illness.

MILL VALLEY, CA, USA, July 21, 2015 /EINPresswire.com/ -- "Death and the actual process of dying are some of the most fearful and terrifying life experiences that my patients encounter. [Rev. McLaird](#) has produced a wonderful and succinct guide to these often-taboo topics. The issues are discussed beautifully, bringing to bear the author's years of experience as a pastor and caregiver. Most importantly, it is often humorous and quite pragmatic as the book affords us a roadmap to follow on what is likely the most important journey of our lives."

Steven Fugaro, M.D. San Francisco, CA. USA.

"This book is very helpful for health care providers, patients, and families when approaching death or when people are planning for their death even when death is not

imminent. The author has vast experience in this area and brings his experience, wisdom, and humor to this often ignored task. The book was helpful to me personally and professionally and I recommend it to patients."

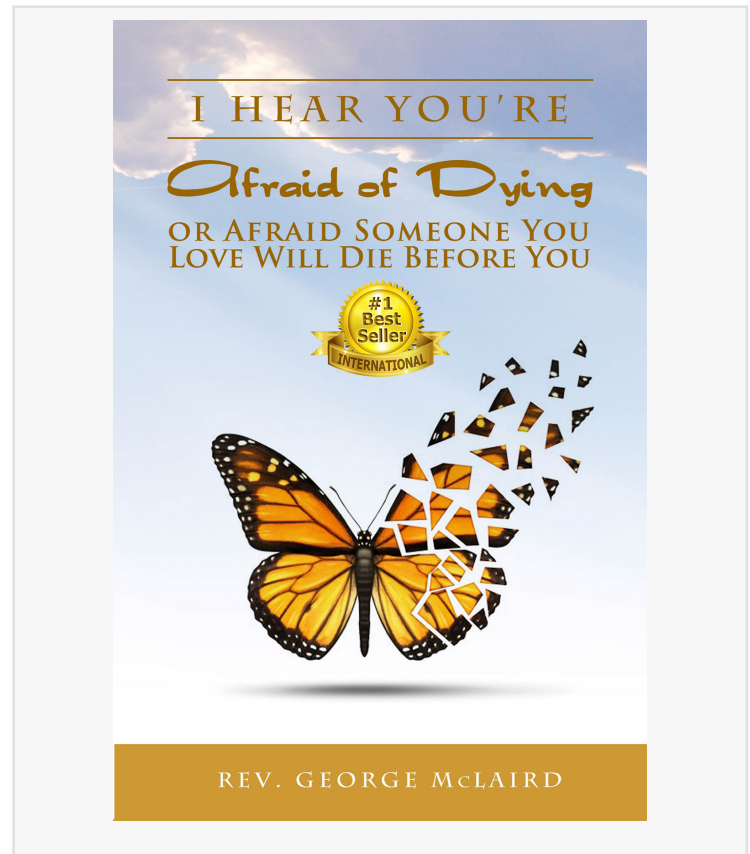
G. Richard Smith, M.D.

Professor of Psychiatry, Medicine, and Public Health
University of Arkansas for Medical Sciences

"George's book is wonderful! So clear and inspirational. Readers will respond to his invitation to prepare for the end-of-life, and he has given them all the tools they need to diminish their fear of death." Carolyn Conger, PhD.

"At last, a book that provides "handrails" for all of us as we move toward the inevitability of our own death and the deaths of those we love. It shines a welcome light into the dark corners of denial and fear of the unknown. Ironically, this book is a sort of life raft in death." Kay Cash-Smith

"Bravo to Rev. George for this book. We can all live better lives & lead with more love, gratitude and joy each day if we embrace the fact that not one of us knows for sure if we will be here tomorrow. Embracing the finality of the life we have in this body is not only liberating but frees us from the bounds of the past and living for the future. We have only now... lead with love & give of your best



each day. Preparing for the loss of life whether your own or a loved one is a subject that has changed me for the better. Great insights. Doesn't matter what your beliefs are, this book is for everyone. It will step you through areas so you can gain clarity & liberation. I particularly love that he talks about loss/death as not just about the body but also about death of addiction, vocation, habits and how to acknowledge it and let go via use of ritual - love rituals - a great way to say goodbye, let go with a greater love and allow freedom and peace in." From Australia: Bernadette Dimitrov

All caregivers can give this book to their patients or patient families knowing it will gently guide them through what may well be the worst experience of their lives.

George McLaird is retired from parish ministry for 14 years and has been an ordained Presbyterian Pastor for 47 years) and is busy doing things he loves such as spending time



with his family and friends, writing, teaching, traveling, conducting ceremonies, and staying as healthy as possible every day. <http://mclaird.com>

George's new bestseller, *I Hear You're Afraid of Dying or Afraid Someone You Love Will Die Before You* is available on Amazon.com

Book preview: <http://www.amazon.com/dp/B010VKG14A>

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