

## Yogurt Boosts the Immune System, Surprised?; The CBCD Reviews a Report

A scientific study found that a daily 7ounce dose of yogurt was effective in boosting immunity. (1)

ROCHESTER, NEW YORK, UNITED STATES OF AMERICA, July 29, 2015 /EINPresswire.com/ --

"Infected with a latent virus such as herpes, HPV, EBV, CMV, or HCV? The CBCD, which conducted two separate post-marketing clinical studies on the natural, antiviral formula of <a href="Mailto:Gene-Eden-VIR">Gene-Eden-VIR</a> and <a href="Movirin">Novirin</a>, recommends taking one of these remedies against these latent viruses." - Greg Bennett, CBCD

Yogurt is an immune system boosting food according to an article on Rodale's Organic Life. As the article states, "Probiotics, or the 'live active cultures' found in yogurt, are healthy bacteria that keep the gut and intestinal tract free of disease-causing germs." (1) Providing scientific evidence to back the article's claim, a 80-day Swedish study of 181 factory employees, found that "those who drank a daily supplement of Lactobacillus reuteri - a specific probiotic that appears to stimulate white blood cells - took 33 percent fewer sick days than those given a placebo." (1) In fact, yogurt can help fight against certain viruses that cause the common cold. Dr. Hwa-Jung Choi and colleagues wrote that "all yogurts showed antiviral activity over 45% against EV71 (a type of enterovirus)."(2) But, amazingly, the immune boosting benefits of yogurt don't end there. Another study showed that some of the





bacteria in yogurt may also be effective against cancer. (3)

"We believe in a comprehensive, positive blend of natural and Western medicines. It's clear that yogurt with active cultures has many health benefits, including immune system boosting properties. In addition to eating healthy foods like natural yogurt, which may

Click to learn more about <u>latent virus symptoms</u>.

The formula of Novirin was tested by Hanan Polansky and Edan Itzkovitz from the CBCD in two clinical studies that followed FDA guidelines. The studies showed that the Novirin formula is effective against a broad range of latent viruses. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with (a latent virus) ... reported a safe decrease in their symptoms following treatment..." (4) The study authors also wrote that, "we observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (4)

Gene-Eden-VIR and Novirin can be ordered online through their websites, here:

http://www.gene-eden-vir.com

or

## http://www.novirin.com

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinensis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses. To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims.

Note: Novirin shares the same formula as Gene-Eden-VIR. The difference between the two is that Novirin has higher quality and more expensive ingredients.

All orders of Gene-Eden-VIR and Novirin are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

## References:

- (1) AMANDA MACMILLAN + TAMARA SCHRYVER, R.D. "9 Foods To Boost The Immune System" Published APRIL 9, 2015 rodalesorganiclife.com
- (2) Hwa-Jung Choi, Jae-Hyoung Song, Kwi-Sung Park, Seung-Hwa Baek, Eun-Sook Lee, Dur-Han Kwon "Antiviral activity of yogurt against enterovirus 71 in vero cells" Food Science and Biotechnology April 2010, Volume 19, Issue 2, pp 289-295
- (3) Lakritz JR1, Poutahidis T, Levkovich T, Varian BJ, Ibrahim YM, Chatzigiagkos A, Mirabal S, Alm EJ, Erdman SE. "Beneficial bacteria stimulate host immune cells to counteract dietary and genetic predisposition to mammary cancer in mice." Int J Cancer. 2014 Aug 1;135(3):529-40.
- (4) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013.

http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101

CBCD 585-250-9999 email us here

This press release can be viewed online at: http://www.einpresswire.com

Disclaimer: If you have any questions regarding information in this press release please contact the company listed in the press release. Please do not contact EIN Presswire. We will be unable to assist you with your inquiry. EIN Presswire disclaims any content contained in these releases. © 1995-2015 IPD Group, Inc. All Right Reserved.