

# Teachers Tackle Children's Fears, Build Trust

*Meet Andy, who learns to face his fears, trust those who trust him, and what it means to be a real friend in this new children's book for ages 6-9.*

DENVER, CO, USA, July 29, 2015 /EINPresswire.com/ -- A new book addressing fear, friendship, and trust should be at the top of your back-to-school list.

“In studying Speech-Language disorders, like stuttering, we found many kids get worse as they grow older unless parents catch root causes early,” says Critical Thinking & Communication Professor Josh Nathan, M.A. “We wrote this book as a way to help parents better steer their children in the right direction without being overbearing or misleading.”

The new children’s book *Too Mad to Trust* weaves Nathan’s

research on anticipated emotion, interpersonal deception, and nonverbal communication theories.

The Art Institute of Colorado professor tapped alumnus Robin Mosler to illustrate, who used watercolor in a bid to more effectively grab the attention of early readers ages 6-9.

Nathan then teamed up with his Mom, Linda Nathan. A Speech-Language Pathologist, she recently retired after more than 25 years in the Colorado public school system.

“Unlike many children’s books that use animals to get their points across, this story focuses on two kids and teaches them about trust, friendship, and how to overcome their fears,” says Linda Nathan, M.A. CCC-SLP.

The researchers and authors start sharing the book with elementary students this August as they begin a yearlong study of its effectiveness. Josh Nathan will synthesize the results of the study's mixed-methods methodology for a journal paper next year. The team aims to contribute to the dearth of research on the links between unaddressed anticipated fears in kids and a growing number of Speech-Language disorders, such as stuttering or selective mutism.

You can learn more about the book, news coverage, and the authors on its website at [www.toomadtotrust.com](http://www.toomadtotrust.com).

*Too Mad to Trust* is published by NannyNoz Books. It’s available for purchase on [iBooks](#), [Kindle](#), and [paperback](#), as well as at retailers nationwide, since August 1, 2015.

Media Contact:



Josh Nathan  
NannyNoz Books  
303-358-7864  
toomadtotrust@gmail.com

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Salma Zaman  
Oxygen Marketing LLC  
(972)646-2788  
email us here

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