

Linda Blaser of Rebalance Your Life to be Featured on CUTV News Radio

GRAFTON, OHIO, USA, July 31, 2015 /EINPresswire.com/ -- Have you tried everything and just can't seem to change or improve certain life problems?

Linda Blaser is a licensed psychotherapist, Emotion Code and Body Code practitioner and the founder of Rebalance Your Life. She believes what prevents us from creating the life we hope to live are our trapped emotions.

"People don't want to believe the traumas of their childhood can still be with them and making decisions for them. They want to believe it just goes away," says Linda. "My clients are intelligent and capable. They're looking for growth but they have problems to solve. I don't want someone to go through that if they don't have to. It's a choice."



With 30 years of counseling experience, Linda's goal is to help her clients understand themselves and what may be preventing them from making the changes they desire. Linda says she herself struggled with the lingering trauma of difficult early-life experiences but says she found ways to manage and overcome.

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Linda Blaser

"I suffered a lot of childhood trauma and it plagued me for my entire life," recalls Linda. "I became a therapist because I wanted to figure out what I needed to do to fix myself. The pain and abuse got buried. When my marriage ended, it brought up all the childhood stuff and I began suffering from physical problems as well.

That's when Linda discovered the Emotion Code and Body Code, which seeks to release the trapped emotions associated with trauma so new decisions can be made.

"When I was first introduced to the Emotion Code I thought it made tremendous sense. I was very skeptical at first, but it showed me over and over that it worked," says Linda. "It was just right for me. I

learned to do it on myself and other people and I experienced the most amazing transformation.”

“I’m a person who likes to grow and become,” says Linda. “I’ve always really enjoyed helping people, but it’s even better now because I feel so much freer. They relate to me better because I’m more relatable.”

CUTV News Radio will feature Linda Blaser in an interview with Jim Masters on August 3rd at 10am EST.

Listen to the show <http://www.blogtalkradio.com/closeuptalkradio/2015/08/03/cutv-news-radio-spotlights-emotion-code-and-body-code-practitioner-linda-blaser>

If you have a question for our guest, call (347) 996-3389.

For more information on Linda Blaser, visit <http://www.rebalanceyourlife.net>

To learn more about the Emotion Code and Body Code, visit Dr. Bradley Nelson’s website, <http://www.drbradleynelson.com/>

Lou Ceparano
CUTV News
(631) 850-3314
email us here

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