

## Sunlight Can Cause a Herpes Outbreak; CBCD Reviews the Medical Evidence

HSV outbreaks can be triggered by different factors, including exposure to sunlight. (1)

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"Infected with the herpes virus (HSV-1, or HSV-2)? The CBCD recommends taking <u>Gene-Eden-VIR</u> or <u>Novirin</u>." - Greg Bennett, CBCD

There are many things that may trigger a herpes outbreak. One of these things is exposure to sunlight. For example, some types of injury such as "a bite, scrape, cut, dermabrasion, sunburn or lip chapping." (1) The University of Maryland adds to this, noting that triggers for herpes outbreaks can also include "HSV outbreaks can be triggered by different factors. They include sunlight, wind, fever, physical injury, surgery, menstruation, suppression of the immune system, and emotional stress. Oral herpes can be triggered within about 3 days of intense dental work, particularly root canal or tooth extraction." (2)

These facts prompt the Center for the Biology of Chronic Disease (CBCD) to recommend that infected individuals take Gene-Eden-VIR or Novirin. These natural, antiviral supplements have a formula that was shown to effectively reduce herpes symptoms in two separate post-marketing studies that followed FDA

guidelines.

Click to learn more about <u>HSV symptoms</u>.





The formula of Novirin and Gene-Eden-VIR was tested by

HSV-1 and HSV-2. The clinical studies were published in the peer reviewed, medical journal Pharmacology & Pharmacy, the first, in a special edition on Advances in Antiviral Drugs. Study authors wrote that, "individuals infected with (HSV-1 or HSV-2)...reported a safe decrease in their symptoms following treatment with Gene-Eden-VIR." (3) The study authors also wrote that, "We observed a statistically significant decrease in the severity, duration, and frequency of symptoms." (3)

Both products can be ordered online on the Gene-Eden-VIR and Novirin websites, here:

http://www.gene-eden-vir.com

and

## http://www.novirin.com

Gene-Eden-VIR and Novirin are natural antiviral dietary supplements. Their formula contains five natural ingredients: Selenium, Camellia Sinensis Extract, Quercetin, Cinnamomum Extract, and Licorice Extract. The first ingredient is a trace element, and the other four are plant extracts. Each ingredient and its dose was chosen through a scientific approach. Scientists at polyDNA, the company that invented and patented the formula, scanned thousands of scientific and medical papers published in various medical and scientific journals, and identified the safest and most effective natural ingredients against latent viruses. To date, Gene-Eden-VIR and Novirin are the only natural antiviral products on the market with published clinical studies that support their claims. Note: Novirin shares the same formula as Gene-Eden-VIR. The difference between the two is that Novirin has higher quality and more expensive ingredients.

"Genital herpes is spread by sexual activity through skin-to-skin contact. The risk of infection is highest during outbreak periods when there are visible sores and lesions. However, genital herpes can also be transmitted when there are no visible symptoms. Most new cases of genital herpes infection do not cause symptoms, and many people infected with HSV-2 are unaware that they have genital herpes." (2)

What treatments are available for herpes infections?

"Two types of antiviral treatments against HSV are available: topical and oral. The treatments include penciclovir, acyclovir, famciclovir, and valaciclovir. However, their effectiveness is limited. For instance, a meta-analysis of five placebo-controlled and two dose comparison studies evaluated the effect of aciclovir, famciclovir or valaciclovir on symptoms. The meta-analysis showed that oral antiviral therapy decreases the duration and the associated pain of an outbreak by merely one day." (3). There are also the natural supplements Novirin and Gene-Eden-VIR, which have a formula that was designed to help the immune system target the herpes virus when it is in a latent form.

"We recommend that individuals who are infected with the latent HSV, take Gene-Eden-VIR or Novirin." – Greg Bennett, CBCD

All orders of these products are completely confidential, and no information is shared or sold to any third party. Privacy is assured.

## References:

(1) animated-teeth.com - Triggers for cold sore (fever blister) outbreaks. © 2000 - 2015 WMDS, Inc.

(2) Harvey Simon, MD, Editor-in-Chief, Associate Professor of Medicine, Harvard Medical School-

Herpes Simplex - University of Maryland Medical Center. Last Reviewed on 12/19/2012 (3) Polansky, H. Itzkovitz, E. Gene-Eden-VIR Is Antiviral: Results of a Post Marketing Clinical Study. Published in September 2013 <u>http://www.scirp.org/journal/PaperInformation.aspx?PaperID=36101</u>

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